SUNDAY TRIBUNE

NEWS PUBLISHING

News

Worth

Knowing

VOLUME III • NO. 50

JULY 13 - 19, 2025

P10.00

1st Cavite Nutritionist-Dietitians' Conference



In a landmark effort to strengthen nutrition services and its health workforce, the Provincial Government of Cavite, through the Office of the Provincial Health Officer – Nutrition Program Team, launched the 1st Cavite Nutritionist-Dietitians' Conference in celebration of National Nutrition Month 2025. Held on July 4, 2025, at the Cavite Collaboration Center for Public Health in Trece Martires City, the conference carried the theme "Strengthening Capacities Towards Enhanced Nutrition Service Delivery."

The event gathered nutritionists and dietitians from local government units, different agencies, and academic institutions across the province, fostering collaboration, sharing of best practices, and professional growth in pursuit of improved public nutrition outcomes.

pursuit of improved public nutrition outcomes.

Dr. Nonie John Dalisay, Cavite Provincial Health Officer, warmly welcomed participants to the landmark gathering, emphasizing the critical role of nutrition professionals in advancing the province's healthcare agenda. "This conference is not just a celebration of your profession, but a recognition of your hard work and unwavering dedication," he affirmed, reinforcing the value of their service in community health.

Ms. Angeles Peñalba, Provincial Nutrition Action

Ms. Angeles Peñalba, Provincial Nutrition Action Officer, expressed heartfelt appreciation for the attendees' presence, highlighting how their collective efforts shape the province's \(\bigs 1ST CAVITE \cdot 5\)

CREATIVITY, CULTURE, AND FRIENDSHIP SHINE AT FFCCCII'S TIKTOK VIDEO COMPETITION AWARDING CEREMONY Young Filipino Content Creators Celebrate 50 Years of PH-China Friendship Through Stellar Storytelling







MANILA, PHILIPPINES – The Federation of Filipino Chinese Chambers of Commerce & Industry, Inc. (FFCCCII), led by President Dr. Victor Lim, in collaboration with special guests from the Chinese Embassy headed by Minister Councilor Wang Yulei, celebrated the extraordinary talent of Filipino youth at the TikTok Video Competition Awarding Ceremony held today, July 5, 2025.

The event comes on the heels of the recent induction of newly-elected FFCCCII officers, where President Bongbong Marcos urged the Federation to help promote better economic cooperation, trade **CREATIVITY • 5**

July First Monday Flag Raising Ceremony Sinimulan natin ang linggo sa isang

Sinimulan natin ang linggo sa isang makabuluhan at kalugod-lugod na Flag Raising Ceremony, sa pangunguna ng mga opisyal at kawani ng Lokal na Pamahalaan—isang pagpapakita ng pagkakaisa, dedikasyon, at paninindigan sa tunay na paglilingkod sa bayan.

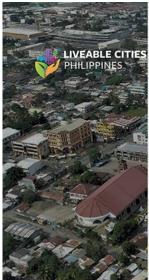


Naging produktibo rin ang umagang ito dahil sa naging pag-uusap at pagsasama natin ng mga masisipag na Punong Barangay mula sa iba't ibang bayan, mga prinsipal mula sa Amadeo at Mendez, at mga kinatawan ng Commission on Population and Development (POPCOM) Regional Office. Kasama rin natin ang ilang kawani mula sa ating Capitolyo sa isang makabuluhang talakayan ukol sa mga programang makatutulong sa ating mga komunidad.

Maraming salamat sa inyong pakikiisa at walang sawang suporta para sa ikabubuti ng ating lalawigan at mamamayan.

Dengue Cases Rise From January to February 21, 2025, dengue cases in Isabela rose to 659—

up from 434 during the same period last year.







CAUAYAN CITY

Cauayan City, one of the top 50 global finalists for the 2025 Bloomberg Mayors Challenge, proposed an early warning system for dengue outbreaks that uses data from mosquito traps, sensors, and other sources to better alert residents.

To address the surge. the Cauayan City Local Government—one of the Philippine cities named among the top 50 finalists in the 2025 Bloomberg Global Mayors Challenge—has proposed Project C-DEWS (Community Dengue Early Warning System). The proposal aims to strengthen public health

through an early warning system that raises awareness, alerts households, and encourages active community participation in dengue prevention.

Project C-DEWS is an online platform that uses an IoT-based OL trap to predict household mosquito infestation levels. It provides early warnings

recommends sanitation practices to help prevent the spread of dengue.

This project is a

Project C-Dews (Community Dengue Early Warning System)

Project CDEWS is an inhouse development of the Business Intelligence Research and Development Center, a collaborative project between Cauayan LGU. Isabela State University, and the Department of Science and Technology under the Smarter City

Project.

It is an online platform using an IoT-based OL trap to predict the level of household mosquito infestation and provide early warning and recommend sanitation practices to prevent dengue.



collaboration between the Cauayan LGU, Isabela State University (ISU), and the Department of Science and Technology (DOST)

under the Smarter City Project.

Liveable Cities Philippines, a proud local partner of Bloomberg

Philanthropies Bloomberg Mayors Challenge, will continue working with Cauavan City throughout the challenge.

KABATAAN KONTRA DROGA AT TERORISMO (KKDAT) YOUTH FORUM NG PNP CARMONA

Bilang bahagi ng 30th PCR Month Celebration ngayong taon ay idinaos ng Police Community Affairs & Development (PCAD) Team ng PNP Carmona sa pangunguna ni Officer-in-Charge Robert S Dimapilis at PEMS Rhina B Mariquina. Ito ay dinaluhan ni Hon. TJ Loyola sa ngalan ng Sangguniang Panlungsod

)AY TRIB

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Sunday Tribune News Publishing is a weekly newspaper of general circulation in the Province of Cavite with Editorial and Business address at 155 Brgy. Panamitan Kawit, Cavite 4104. CP No. 0917-109-9191 Telephone No.: (046) 484-7556 E-mail Add: sundaytribunenewspublishing@gmail.com Website: https://sundaytribune.net

MEMBER:

Publishers Association of the Philippines, Inc.

SUBSCRIPTION RATE

6 Months. . P260.00

One YearP520.00

ADVERTISING RATE Commercial — P200/col·cm Legal......P160.00/col.cm.

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Ang naturang seminar ay tumalakay sa KKDAT awareness gaya ng EO 70 at Anti-Drug Abuse para sa sektor ng kabataan mula sa iba't-ibang barangay ng lungsod. Maraming salamat sa nagsilbi bilang resource person na si Mr. John Noe S. Lopez. #CityOfCarmona #LungsodNgCarmona #LGUCarmona #BayanMunaLagi #DapatAngatLahat

'Para sa mga manggagawa': Jolo Revilla makes serious push to end 'endo'

Cavite 1st district Rep. Jolo Revilla wants to put an end once and for all on the decades-long practice of contractualization, more commonly known as "endo".

For this purpose, Revilla filed in the current 20th Congress House Bill (HB) No. 79, or the proposed Security of Tenure Act.

The bill seeks to prohibit labor-only contracting and eliminate end-of-contract or endo schemes that have long stripped workers of the right to regular employment, job security, and long-term benefits.

'We cannot allow this unjust practice to continue. Our workers deserve stable jobs, not five-month cycles of uncertainty. [HB] No. 79 reflects our shared commitment to labor justice and to a future where every Filipino worker can build a dignified life," Revilla said in a recent statement.

"The fight to end endo is a fight for fairness. This is not just a legislative priority—it's a moral obligation. Our labor force has waited long enough," he declared.

Under the measure, all jobs that are necessary and desirable to the employer's usual business must be classified as regular positions.

stricter sets parameters for legitimate contracting arrangements, prohibits fixed-term employment circumvents

regularization, penalizes employers who violate these provisions.

Revilla underscored that the bill does not seek to burden responsible employers, but rather, to curb exploitative practices that have become embedded in the country's labor market.

"This bill is not antibusiness. It's pro-worker and pro-growth. By ensuring fair treatment and security for our labor force, we empower them to be more productive, more loyal, and more capable of contributing to the nation's economic development,"

explained.

Revilla also pointed out that many workersparticularly in retail, construction, manufacturing, logistics, and service sectors—are forced accept to contractual work out of desperation, often without benefits, protection, or any path to regularization.

"That cycle of fear and instability must end. This bill will give them hope and a fighting chance," he said.

Revilla's mother, Cavite 2nd district Rep. Lani Mercado-Revilla, and his brother, Agimat Party-list Rep. Bryan Revilla coauthored the bill.



Bukid Kabataan Centre in Cavite provides hope and healing to young abuse victims

Manila (AsiaNews) - The Bukid Kabataan Centre (BKC) in Cavite celebrated 25 years. Run by the Sisters of the Good Shepherd (RGS), it serves girls who have survived gender-based violence and street life in the Philippines.

The anniversary was an opportunity to remember the centre's origins and its commitment empowerment and the rediscovery of selfesteem, through the sharing of life-changing experiences.

Dozens of girls who have been exploited, abused and neglected have found a safe place at the Centre, a refuge where they can heal from the trauma they endured.

The BKC is based on the principles of care, healing, and teaching, and continues to provide comprehensive interventions that restore dignity, self-esteem, and hope to every child.

During their stay at the Centre, the girls are taught essential skills to help them prepare for life outside the facility.

For this reason, they are offered part-time work opportunities on weekends and in the summer; they also earn money by making rosaries and bracelets, which they sell to partner NGOs and visitors to the Centre.

As they move on to the next stage of their lives, the assistance programme ensures they continue to receive care, support, and guidance.

For the event commemorating its halfcentury, the BKC invited former students to share their life experiences.

"I wanted to be a writer when I grew up," said Joan (not her real name), 14. "Writing about other people's experiences, especially those who have experienced abuse, was something I wanted to do. I wished to inspire other young people who had encountered comparable difficulties and give significance to their stories," she explained.

"At the shelter, I

discovered how to lead a contented and tranquil life. Their love taught me to cherish my life," she added. "I have faith that no one will harm or mistreat me. I also gained selfexpression and fear management skills. I have clung to God's assurance."

Another 15-year-old girl, Lucy (also a fictitious name), described how her time at the Centre gave her a renewed sense of security, happiness, and optimism for the future. "One of our concerned neighbours escorted my sister and me to the Bukid Kabataan Centre, where we received a warm

"We deeply appreciated the opportunity to be here. At the centre, we were able to experience the delight of childhood again. We felt safe and secure because the centre satisfies our basic needs and protects us from

welcome," she explained.



danger and worry," she added.

The Sisters of the Good Shepherd were founded in France in 1835 by Saint Marie-Euphrasie Pelletier, with the first arriving in the Philippines in 1912.

In Cavite the nuns began their work in 1983, initially as the Morning Glory Programme (MGP) of the Archdiocese of Manila, with the collaboration of Caritas Manila. The

congregation assumed full management of the MGP and BKC in 2000.

A girl can stay for up to three years, although special circumstances may allow exceptions. For those who move on, there is family counselling, educational support, and an after-school care programme.

For programme director Sister Gemma Dinglasan,

RGS, the children go to the gardens that are part of the facility after school and can engage in gardening.

They love watching the seedlings grow and enthusiastically tend the plots under the close supervision farmworkers. They enjoy harvesting. With this method of education and care, the children learn to be strong and responsible citizens.

ASICS to stage a 10-kilometer race at Vermosa in Imus, Cavite

A race for passionate runners seeking to test their own limits has been recently launched via the ASICS Meta: Time: Trials scheduled Oct. 19 at the Vermosa in Imus, Cavite.

ASICS communication executive Diego Verge de Dios said on Tuesday during the Philippine Sportswriters Association Forum that they're staging the 10kilometer race with a goal encouraging participants to strive to eclipsing their personal best.

"Our event is a testament to our commitment to see our

brand runners surpass their personal best," said Mr. De Dios, who was accompanied by Sonak brand communication manager Faith So and tech product trainer Rey Maniego.

The top three men and women in the invitational class and the top five in the open section will be given special prizes that ASICS will announce on its social media accounts soon.

This unique race actually made its global debut in Malaga, Spain three years ago and was followed by successful editions in Southeast Asia the same year in Thailand and Malaysia the next year.

Interestingly, national team mainstays Sonny Wagdos excelled last year and Richard Salano, an ASICS endorser, shone bright in Bangkok two years ago. (Joey Villar)



Lanao del Norte, DepEd, DOST launch future-ready classroom with 21st century learning technology

Baroy, LANAO DEL NORTE - IN a significant move to modernize the learning environment, the Department of Science and Technology Region 10 (DOST-10), in collaboration with the Department of Education (DepEd) and the provincial government of Lanao del Norte, launched the 21st Century Learning Environment Model (21st CLEM) at the Lanao del Norte National High School on recently.



DOST's 21st CLEM project aims to establish future-ready classrooms designed to promote collaborative, techintegrated, and studentcentered learning. These innovative spaces combine flexible classroom designs cutting-edge educational technologies to develop essential 21st century skills among learners.

"Our school is fortunate to be chosen as the recipient of the 21st CLEM in Northern Mindanao. Our learners in Lanao del Norte will now experience and enjoy the technology that comes with this initiative. As the school head, it is a dream come true to finally provide our learners with a world-class learning environment. Its presence will make a significant difference in improving the literacy and numeracy of our students," said Principal Hadjah Anisah A.

Sinal during her address.

During the launch, DOST technical personnel, alongside Science and Mathematics teachers, showcased a range of advanced learning tools, including digital smartboards, interactive projectors, drones, and virtual augmented reality (VR and AR) systems. Other educational innovations introduced were COURSEWARE, Strategic

Intervention Material for Teaching with Augmented Reality (SIMATAR), and the Learning English Application for Pinoys

(LEAP). 21st CLEM The classroom is equipped with reconfigurable desks and chairs; instructional, immersive, and creative educational technologies: and olOpen Learning Spaces (OLS) to support flexible and interactive learning.

Key stakeholders such as DepEd Region 10 Assistant Regional Director Dr. Federico P. Martin, CESO III, and DOST Lanao del Norte Provincial Science and Technology Director Engr. Roy C. Sagrado underscored the long-term educational benefits of the project and its transformative impact on the province's learning ecosystem.

Provincial Gov. Imelda Quibranza-Dimaporo reaffirmed commitment educational progress, saying: "With the rapid advancements in technology today, I firmly believe ' that introduction of the 21st Century Learning Environment Model is not just about infrastructure, it is an investment in the future of our students, in the hopes and dreams of our learners, and in the advancement of a progressive learning system.

provincial The government of Lanao del Norte, through the Provincial School Board and with the invaluable support of our dedicated

partners, especially the Department of Science and Technology (DOST), is making this dream a

The initiative not only fosters 21st century competencies and strengthens STEM education but also provides essential tools to enhance teaching and learning processes.

It directly supports Sustainable Development Goal No. 4, which advocates for inclusive, equitable, and quality education while promoting lifelong learning opportunities for all.

Moreover, it aligns with the DOST's Strategic Pillar of promoting human wellbeing through science and technology. (SAAII, MAHDonio/DOST Lanao del Norte)

PBBM fetes participants in Parada ng Kalayaan 2025

MANILA - President Ferdinand R. Marcos Jr. on Thursday heaped praises on the participants of the Parada ng Kalayaan 2025, saying they made the celebration of the 127th Philippine Independence Day "most memorable."

Marcos led the Parangal ng Kalayaan 2025 at the Kalayaan Hall of Malacañan Palace in Manila, in recognition of the winning and competing teams in the Parada ng Kalayaan 2025.

The President, joined by First Lady Liza Araneta-Marcos, awarded the trophies and prizes to the winning contingents for the float design and festival performance competitions.

He acknowledged the participating contingents of the Parada ng Kalayaan 2025 for their artistic mastery and contributions to deepening public awareness of the Philippines' deep historical narratives.

"To all our participants, to all of those who have won their awards. congratulations and thank you very much for making it a most memorable Independence Day celebration," he said during the awarding ceremony.

"I hope that the spark that you have within you to join these kinds of festivities, that it will never leave, it will never leave your heart, and it will never leave your creative spirit. Because we are not just preserving our culture when we do this. We preserve it for the next generation, but more so, we are living our culture. We are living it proudly and joyfully and meaningfully."

Marcos presented the trophies, certificates of recognition, and the PHP2 million grand cash prize to the City Government of Candon's Cry of Candon for winning the float design competition and to the Tultugan Festival of the Province of Iloilo and Municipality of Maasin, Iloilo, for emerging as champion in the festival performance competition.

Second placers for both competitions, Iloilo Province's Cry of Santa Barbara (float) and Iloilo City's Dinagyang Festival (festival), also received certificates and cash prizes worth PHP1 million each.

The Cinco Noviembre float of the City of Bago, Negros Occidental and the Antipolo Maytime Festival by the City of Antipolo - San Jose National High School were third runners-up, both earning a certificate of recognition PHP500,000 cash prize.

Marcos also awarded certificates and consolation prizes to the competing local governments in both the



PARANGAL NG KALAYAAN. President Ferdinand R. Marcos Jr. leads the awarding of trophies and prizes to the winning contingents for the float design and festival performance competitions during the June 12 Parada ng Kalayaan 2025, in a ceremony at the Kalayaan Hall of Malacañan Palace in Manila on Thursday (July 10, 2025). Marcos recognized the extraordinary artistry and creativity displayed by the participating contingents of the Parada ng Kalayaan. (Photo from the Presidential Photojournalists Association)

float design and festival Bulacan, Province of performance competitions.

These include the City of Malolos, Province of

Aurora, Province of Cavite, Cities Dasmariñas, and Cavite, the Municipality of Kawit,

Cavite, the Province of Lanao del Sur, and the Bangsamoro Autonomous Muslim Region in Mindanao. (PNA)

1st Cavite...

(FROM PAGE 1)

nutrition landscape. She shared that the idea for the conference was inspired by the recent Regional Nutritionist-Dietitians Conference, sparking the initiative to create a similar platform for Cavite's local nutrition professionals.

Adding further depth to the occasion, Ms. Jellie Anne Palencia delivered the keynote message, underscoring the vital role of registered nutritionistsdietitians in delivering holistic healthcare. She emphasized how proper nutrition serves as a foundation for wellness, prevention, and recovery - positioning RNDs as essential pillars in the healthcare system.

The conference was jam-packed with engaging talks and lectures, and sharing of experiences practices from experienced speakers -Ms. Cristina Elalto, from

the City of Bacoor, presented the opportunities and challenges in LGU-based Nutrition Programs, while Ms. Ruchel Öasan, from the Adventist University of the Philippines, talked about Educating the Next Generation: Academe's Role in Nutrition Advancement. Adding a clinical perspective, Ms. Dorothy Caroline Dela Cruz from Pagamutan Dasmariñas explored "Clinical Nutrition at the Forefront of Patient Care,

Information Committee's

Choice (P20,000): #7

Pengyou hanggang dulo

(Dugong Filipino, Pusong

A viral sensation

Inspirational Story

Award (P20,000): #10 Å

Wish Not Written on

Khoom Fay (Sky Lanterns)

Aresteo Antalad

A poetic, visually

Cultural Story Award

A rare and beautiful

#20

arresting tale of hope and

PhChina50years - Misra

glimpse into the blending

of cultures in the southern

NOTABLE ENTRIES

(P10,000 Each)

Consolation Prizes for

contributions, showcasing

historical deep dives, and

personal narratives that

captivated judges and

audiences alike.

additional

outstanding

animation,

received

praised for its engaging

storytelling and emotional

Dalupang (Tarlac)

Tsino)

depth.

(Navotas)

shared dreams.

(P20,000):

Aina (Sulu)

Philippines.

Eleven

creators

their

humor,

Liwileen

and finally, Ms. Theresa A. Rivas of the National Nutrition Council-CALABARZON brought the conversation full circle with her compelling lecture on "Translating National Goals to Local Action: Where Do We Fit In?"

In closing, Ms. Dessa May Alibangbang, District Nutrition Program Coordinator, expressed their sincere gratitude to everyone that took time to partake in the said conference, making it a resounding success. (J. Reyes)

DIPLOMACY

In his keynote speech,

"These videos are more than just content they are bridges. Through creativity, our youth have strengthened the bond between two nations, proving that friendship

ENTRIES!

GOOD NEWS! FFCCCII also announced the next FFCCCII TIKTOK YOUTH VIDEO COMPETITION shall have deadline of Sept. 30,2025 midnight 12 am, same age range 18 to 35 years old, Filipino citizens. Short videos of not over 2 minutes on the "Chinese Contributions to Philippine Progress (focusing on local Chinese community contributions to Philippine

in the FFCCCII Facebook, TikTok and Instagram.

Creativity... (FROM PAGE 1)

and diplomacy between the Philippines and China, the country's biggest trade partner.

The competition, which invited young creators aged 18 to 35 nationwide to showcase the rich cultural ties and enduring friendship between the Philippines and China, drew hundreds of dynamic entries. After a rigorous two-round judging process by an esteemed Board of Judges, the most compelling, creative, and heartfelt videos emerged victorious.

ANIGHT OF TRIUMPH AND INSPIRATION

The ceremony honored winners whose works captured the essence of shared heritage, mutual respect, and the vibrant future of PH-China relations.

GRAND PRIZE WINNERS

1st Prize (P100,000): #1 The Fusion of Filipino & Chinese Traditions -Mark Capareda (Tagum City, Davao del Norte)

A visually stunning masterpiece blending festivals, cuisine, and

traditions in a dazzling

display of unity. 2nd Prize (P50,000): #24 PHChina50years -Emmanuel Labrador (Navotas)

A moving tribute to five decades of diplomacy, trade, and camaraderie.

3rd Prize (P30,000): #6 Magkaibigan (Pilipinas at Tsina) – Richard Samulde (South Cotabato)

heartwarming narrative of cross-cultural friendship that resonated deeply with audiences.

SPECIAL AWARDEES

President's Choice (P20,000): #14 Dugong Tsino, Pusong Pinoy – Ricardo Todio Jr. (Leyte)

A powerful testament to the Filipino-Chinese identity, chosen by FFCCCII President Dr. Victor Lim.

Youth & Integration Committee's Choice (P20,000): #16 Friendship Beyond Borders – Aaliyah Mara Adriano (Paombong, Bulacan)

A youthful, energetic portrayal of cross-border solidarity.

Media & Public

President Victor Lim praised the winners for their innovation and passion, stating:

knows no borders.

WATCHTHE WINNING

Relive the magic by searching #PHChina50years on TikTok or visiting FFCCCII's official social media pages.

theme: economy philanthropy). Details are

A CELEBRATION OF YOUTH, ART, AND

students and innovations they introduced over the years.

The forum concluded with an inspiring message from Ms. Liberty M. Guzman, District Nutrition Program Coordinator, urging all participants to harness their shared knowledge and uphold multi-sectorial partnerships to ensure sustainable, communitybased nutrition systems.

2025 Nutrition... (FROM PAGE 8)

Three distinguished speakers shared practical lessons and innovative models:

Mr. John M. Mendoza, Training Specialist I, Agricultural Training Institute Region IV?A, presented "Strengthening Food System through Local Agriculture," offering household planting strategies to boost food production.

Hon. Amanda G. Manalo, Barangay Chairperson of Kaybagal South, Tagaytay City, showcased the barangay initiative on Purok **Governance Functionality** Challenge fitting the topic, "Sa Barangay Nagsisimula: Food and Nutrition Security in Action." She highlighted community-led efforts and innovations to supply fresh vegetables throughout their locale. Their initiative also addressed waste management concerns and provided livelihood to

the community.
Mr. Alvin T. Cayetano, Nurse II, DepEd SDO Cavite, spoke on "Gulayan sa Paaralan: Cultivating Nutrition in our Schools," illustrating how the program on school garden contribute to fostering nutrition education among

(A. Sarte)



REPUBLIC OF THE PHILIPPINES **REGIONAL TRIAL COURT FOURTH JUDICIAL REGION** OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

FORECLOSURE CASE NO. F-389-25

EAST WEST BANKING CORPORATION.

Petitioner/Mortgagee,

-versus-

ARTEMIO CASTILLO CRUZ,

Respondent/Mortgagor.

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Petitioner/Mortgagee, EAST WEST BANKING CORPORATION, with business address at EastWest Corporate Center, The Beaufort, 5th Ave. cor. 23rd St., Bonifacio Global City, Taguig City, against the Respondent/ Mortgagor, ARTEMIO CASTILLO CRUZ with residence and postal address at Kensington 6 - Block No. 03, Lot No. 36, Brgy. Navarro, General Trias, Cavite and/or 4174 Gabriel St., Don Galo, Parañaque City, to satisfy the mortgage indebtedness as of April 25, 2025 amounts to SEVEN HUNDRED FIFTEEN THOUSAND TWENTY FIVE PESOS & 18/100 (PhP715,025.18) including interest, penalties, expenses and other charges of foreclosure, the undersigned Sheriff will set at public auction on AUGUST 12, 2025 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2018020168 LOT NO: 36, BLOCK NO: 3, PLAN NO: PCS-04-027966

PORTION OF: LOT 1666, SAN FRANCISCO DE MALABON ESTATE (RS-04-002133) 6 LOT 1667-A, PSD-04-224902

LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GENERALTRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON **BOUNDARIES:**

LINE DIRECTION ADJOINING LOT(S) 1-2 NE LOT 34, BLOCK 3, PCS-04-027966 2-3 SE ROAD LOT 6, PCS-04-027966 SW LOT 38, BLOCK 3, PCS-04-027966 3-4 4-1 NW LOT 35, BLOCK 3, PCS-04-027966

AREA: FIFTY (50) SQUARE METERS, MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on AUGUST 26, 2025 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, July 11, 2025.

(Sgd.) JOANNAH AVIGAIL C. TIMKANG Sheriff IV

Copy Furnished:

EAST WEST CORPORATION, BANKING

East West Corporate Center, The Beaufort, 5th Ave. cor. 23rd St., Bonifacio Global City, Taguig City

ONA PAMFILO & BUBAN LAW OFFICES

Counsel for the Mortgagee

6/F, East West Corporate Center, 5th Ave., cor. 23rd St. Bonifacio Global City, Taguig City 1634

ARTEMIO CASTILLO CRUZ

Kensington 6 - Block No. 03, Lot No. 36, Brgy. Navarro, General Trias, Cavite and/or

4174 Gabriel St., Don Galo, Parañaque City

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: SUNDAY TRIBUNE NEWS PUBLISHING

Dates: July 13, 20 & 27, 2025

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

FORECLOSURE CASE NO. F-374-25

PHILIPPINE NATIONAL BANK,

Applicant-Mortgagee,

-versus-

SPS. IRENE B. VALENZUELA AND DARYL NAPOLEON M. VALENZUELA III,

Debtors-Mortgagors,

JIMMY M. BAYLON JR.,

Co-Debtor,

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Applicant-Mortgagee, PHILIPPINE NATIONAL BANK ("PNB"), with business address at PNB Financial Center, Pres. Diosdado P. Macapagal Boulevard, Pasay City, Metro Manila against the Debtors-Mortgagors, JIMMY M. BAYLON JR. ("Co-Debtor") for himself and as the Attorney-In-Fact of SPS. IRENE B. VALENZUELA AND DARYL NAPOLEON M. VALENZUELA III (the "Debtors-Mortgagors") with residence and postal addresses at (i) Flat 134, Admirals Tower, 8 Dowells St., Greenwich, London, United Kingdom; (ii) Block 24, Lot 13, Maravilla Subd., Brgy. San Francisco, General Trias, Cavite; and (iii) Block 56, Lot 21, Bel Aldea, Brgy. San Francisco, General Trias, Cavite to satisfy the mortgage indebtedness as of March 31, 2025 amounts to TWO MILLION FIVE HUNDRED FORTY-TWO THOUSAND TWO HUNDRED TWENTY-SEVEN PESOS AND 31/100 (Php2,542,227.31), inclusive of interest but exclusive of foreclosure expenses, the undersigned Sheriff will set at public auction on AUGUST 12, 2025 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2021049276

A PARCEL OF LAND (LOT 21, BLK. 56 OF THE CONS.-SUBD. PLAN, PCS-04-011869, BEING A PORTION OF THE CONS. OF LOTS 2680-G-3 TO 8, ALL OF (LRC) PSD-222174, LOT 2680-J-2, (LRC) PSD-101732, LOTS 2680-H, I & K, ALL OF PSD-33619, L.R.C. REC. NO.), SITUATED INTHE BRGY. OF DE FUEGO MUN, OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE NW., ALONG LINE 1-2 BY LOT 22, BLK. 56; ON THE NE., ALONG LINE 2-3 BY LOT 32; ALONG LINE 3-4 BY LOT 31, BOTH OF BLK. 57; ONTHE SE., ALONG LINE 4-5 BY LOT 20, BLK. 56; ON THE SW., ALONG LINE 5-1 BY ROAD LOT 2, (10.00 M. WIDE), ALL OF THE CONS.-SUBD. PLAN. BEGINNING AT APT. MARKED "1" ON PLAN XXX CONTAINING ANAREA OF ONE HUNDRED THREE SQ. METERS AND NINETY FIVE SQ. DECIMETERS (103.95). XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **AUGUST 26**, **2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, July 11, 2025.

(Sgd.) RICARDO A. TOLEDO

Sheriff IV

Copy Furnished:

PHILIPPINE NATIONAL BANK ("PNB")

PNB Financial Center, Pres. Diosdado P. Macapagal Boulevard, Pasay City, Metro Manila

CONSTANTINO AND ASSOCIATES LAW OFFICE

Counsel for the Applicant

CALO Bldg., No. 12, Mapagkumbaba St., Sikatuna, Quezon City Contact No.: (0919)-084-3234

rp.delostrinos@constantinolawoffice.com

JIMMY M. BAYLON JR.

("Co-Debtor") for himself and as the Attorney-In-Fact of SPS. IRENE B. VALENZUELA AND DARYL NAPOLEON M. VALENZUELA III

(i) Flat 134, Admirals Tower, 8 Dowells St., Greenwich, London, United Kingdom;

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

FORECLOSURE CASE NO. F-399-25

NEMIE M. LAO

Mortgagee,

-versus-

EVANGELINE ACHA ZYDA

Mortgagor/s.

iviortgagor/s

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, NEMIE M. LAO with business address at No. 26 Osmeña Street, Montevilla Subdivision, Barangay Sun Valley, Parañaque City against the Mortgagor/s, EVANGELINE ACHA ZYDA with residence and postal addresses at Blk 26, Lot 21, Phase 3, Avida Residences Sta. Catalina, Brgy Salawag, Dasmariñas, Cavite to satisfy the mortgage indebtedness as of April 21, 2025 amounts to FOURTEEN MILLION TWO HUNDRED FIFTY THOUSAND PESOS & 00/100 (P14,250,000.00) inclusive of interest and other charges of foreclosure, the undersigned Sheriff will set at public auction on AUGUST 12, 2025 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2012037251

A PARCEL OF LAND (LOT 3 BLOCK 25 OF THE CONSOLIDATION/SUBDIVISION PLAN, PCS-04-012217 BEING A PORTION OF THE CONSOLIDATION OF LOTS 2927, 2928, 2929 (RS-04-000978), 2938 (RS-04-000969), 2939,2940 (RS-04-00024381,2953,2958 & 2959, ALL OF SAN FRANCISCO DE MALABON ESTATE. L.R.C. RECORD NO.), SITUATED IN THE BARANGAY OF TRACTORA & JAVALERA, MUN OF GEN. TRIAS, PROV. OF CAVITE. BOUNDED ON THE N., ALONG LINE 1-2 BY LOT 4, BLOCK 25; ON THE E., ALONG LINES 2-3-4 BY ROAD LOT 34; ON THE S. ALONG LINE 4-5 BY LOT 2, BLOCK 25; ON THE W., ALONG LINE 5-1 BY ROAD LOT 2 ALL OF THE CONS/ SUBD BEGINNING AT A POINT MARKED "1" ON PLAN XXX CONTAINING AN AREA OF SIX HUNDRED TWENTY NINE (629) SQUARE METERS. XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **AUGUST 26, 2025** without further notice

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, July 11, 2025.

(Sgd.) ANDRES B. ESPINA

Sheriff IV

Copy Furnished:

NEMIE M. LAO

No. 26 Osmeña Street, Montevilla Subdivision, Barangay Sun Valley, Parañaque City

EVANGELINE ACHA ZYDA

Blk 26, Lot 21, Phase 3, Avida Residences Sta. Catalina, Brgy Salawag, Dasmariñas, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: SUNDAY TRIBUNE NEWS PUBLISHING

Dates: July 13, 20 & 27, 2025

(ii) Block 24, Lot 13, Maravilla Subd.,Brgy. San Francisco, General Trias, Cavite; and(iii) Block 56, Lot 21, Bel Aldea,Brgy. San Francisco, General Trias, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: SUNDAY TRIBUNE NEWS PUBLISHING

Dates: July 13, 20 & 27, 2025

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

FORECLOSURE CASE NO. F-438-25

EAST WEST BANKING CORPORATION,

Petitioner/Mortgagee,

-versus-

MICHAEL JOHN T. CANIONIO AND LANDER T. CANIONIO

Respondent/Mortgagor.

<-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Petitioner/Mortgagee, EAST WEST BANKING CORPORATION, with business address at EastWest Corporate Center, The Beaufort, 5th Ave. cor. 23rd St., Bonifacio Global City, Taguig City, against the Respondent/ Mortgagor, MICHAEL JOHN T. CANIONIO AND LANDER T. CANIONIO with residence and postal address at Block 07 Lot 13 Savannah Fields Phase 1, General Trias, Cavite and/or Block 02 Lot 8 Phalaepnosis St., Karuhatan Townhouse, Karuhatan, Valenzuela City and/or 007 Pio Interior Marulas, Valenzuela City to satisfy the mortgage indebtedness as of May 30, 2025 amounts to EIGHT HUNDRED FORTY TWO THOUSAND THREE HUNDRED FIFTEEN PESOS & 06/100 (PhP842,315.06) including interest, penalties, expenses and other charges of foreclosure, the undersigned Sheriff will set at public auction on AUGUST 12, 2025 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2023063980 LOT NO: 13, BLOCK NO: 7, PLAN NO: PCS-04-029377

PORTION OF: LOT 2608-C-2 TO 2608-C-6 & 2608-C-8, PSD-04-029214 (OLT); AND LOTS 2608-D-4 & 2608-D-8, PSD-04-029216 (OLT).

LOCATION: BARANGAY SAN FRANCISCO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE ISLAND OF LUZON

BOUNDARIES:

<u>LINE</u>	<u>DIRECTION</u>	ADJOINING LOT(S)	
1-2	SW	LOT 14, BLOCK 7, PCS-04-029377	
2-3	NW	LOT 15, BLOCK 7, PCS-04-029377	
3-4 NW		ROAD LOT 7 (8.00M. WIDE R.O.W.)	
		PCS-04-029377	
4-1	SE	LOT 11, BLOCK 7, PCS-04-029377	

AREA: EIGHTY (80) SQUARE METERS, MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **AUGUST 26, 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, July 11, 2025.

(Sgd.) RICARDO A. TOLEDO Sheriff IV

Copy Furnished:

EAST WEST CORPORATION, BANKING

East West Corporate Center, The Beaufort, 5th Ave. cor. 23rd St., Bonifacio Global City, Taguig City

ONA PAMFILO & BUBAN LAW OFFICES

Counsel for the Mortgagee

6/F, East West Corporate Center, 5th Ave., cor. 23rd St. Bonifacio Global City, Taguig City 1634

MICHAEL JOHN T. CANIONIO AND LANDER T. CANIONIO

Block 07 Lot 13 Savannah Fields Phase 1, General Trias, Cavite and/or Block 02 Lot 8 Phalaepnosis St., Karuhatan Townhouse, Karuhatan, Valenzuela City and/or 007 Pio Interior Marulas, Valenzuela City

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: SUNDAY TRIBUNE NEWS PUBLISHING

Dates: July 13, 20 & 27, 2025

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
City of Bacoor
Email: rtc1bcrocc@judiciary.gov.ph.
Telephone No. 09273707489

Foreclosure No. 2025-88

For: Extra-Judicial Foreclosure of Real Estate Mortgage

BDO UNIBANK, INC.,

Mortgagee,

-versus-

SPS. KRYZEL PUNDAVELA QUIMSON AND KASUN AMARANATH PREMACHANDRA RANASINGHE PATHIRANNEHELAGE,

Mortgagors.

-----X

NOTICE OF EXTRA JUDICIAL FORECLOSURE

Upon Extra-judicial Petition for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee, BDO UNIBANK, INC. at 33rd Floor BDO Corporate Center Ortigas, No.12 ADB Avenue, Mandaluyong City, and against the mortgagors, Krizia Pundavela Quismon as Attorney-in-Fact of SPS. KRYZEL PUNDAVELA QUIMSON AND KASUN AMARANATH PREMACHANDRA RANASINGHE PATHIRANNEHELAGE at 558 Benita Street, Gagalangin Tondo Manila and Block 20 Lot 18 Phase 2 Solviento Villas, Brgy. Mambog IV, Bacoor, Cavite to satisfy the mortgagee indebtedness which as of May 30, 2025, amounts to SIX MILLION SIX HUNDRED FIFTY TWO THOUSAND FOUR HUNDRED SEVENTY SEVEN PESOS & 52/ 100 (P6,652,477.52), Philippine Currency, inclusive of interest, and penalty charges but exclusive of other fees incident to this foreclosure, the undersigned or her duly authorized representative will sell at the public auction on August 5. 2025 at 10 o'clock in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 167-2022003870 LOT NO: 18, BLOCK NO: 20, PLAN NO: PCS-04-031647

PORTION OF: CONSOLIDATION-SUBDIVISION OF BLOCK 18, BLOCK 19, PCS-04-031215, LOTS 6220-A-2, 6220-A-4, 6220-A-5, 6220-A-6, 6220-A-7, PSD-04-017228, LOT 6220-B, (LRC) PSD-61364, LOT 6, PCS-04-031145, LOTS 6220-A-8-B & LOTS 6220-A-8-C, PSD-04-047376

LOCATION: BARANGAY MAMBOG, CITY OF BACOOR, PROVINCE OF CAVITE, ISLAND OF LUZON.

AREA: ONE HUNDRED TWENTY (120) SQUARE METERS, MORE OR LESS

"All sealed bid must be submitted to the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on **August 12**, **2025**, without further notice."

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, July 1, 2025.

(Sgd.) MELY C. HERMOSURA-VISTA

Clerk of Court VI

Ву:

(Sgd.) MARK ANTHONY S. DELA CRUZ Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.

REMEDIAL MANAGEMENT UNIT

33rd Floor BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

SPS. KRYZEL PUNDAVELA QUIMSON AND KASUNAMARANATH PREMACHANDRA RANASINGHE PATHIRANNEHELAGE

558 Benita Street, Gagalangin Tondo ManilaBlock 20 Lot 18 Phase 2 Solviento Villas, Brgy. Mambog IV, Bacoor, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra-judicial Sale on or before the date of sale

Publication: SUNDAY TRIBUNE NEWS PUBLISHING

Dates: July 6, 13 & 20, 2025

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
NAIC CAVITE
OFFICE OF THE CLERK OF COURT
AND EX-OFFICIO SHERIFF

FNC 2023-317

HOME DEVELOPMENT MUTUAL FUND (HDMF)

Petitioner-Mortgagee,

-versus-

PEDRO V. MITRA

Respondents-Mortgagors.

NOTICE OF EXTRA-JUDICIAL SALE

WHEREAS, upon Extra-Judicial Petition for Sale under Act No. 3135 as amended by the Act No. 4118, filed by HOME DEVELOPMENT MUTUAL FUND (HDMF) Mortgagee, with postal address at Petron Mega Plaza Building, No. 358 Sen Gil Puyat Avenue, Makati City, against PEDRO V. MITRA with postal address at #2498 CRISALITA ST., BRGY. 767, SAN ANDRES BUKID, MANILA, to satisfy the mortgage indebtedness which as of March 31, 2023, amounted to FOUR HUNDRED THIRTY NINE THOUSAND ONE HUNDRED NINETY SIX PESOS & 76/100 PESOS (P 439,196.76) Philippine Currency, excluding penalties, Attorney's Fees and expenses of the foreclosure, the undersigned authorized Sheriff IV, will sell at public auction on August 4, 2025 at 9:00 in the morning or soon thereafter at the Regional Trial Court, Naic, Cavite, to the highest bidder in CASH or MANAGER'S CHECK and in Philippine Currency the property with all the improvements thereon, to wt:

TRANSFER CERTIFICATE OF TITLE NO. 057-2018009343

IT IS HEREBY CERTIFIED that certain land situated in SABANG (FORMERLY TIMALAN), NAIC, CAVITE, LUZON, bounded and described as follows:

LOT NO: 2 BLOCK NO: 10 PLAN NO: PCS-04-030597

PORTION OF: CONS. SUBD. OF LOTS 2935 AND 2936, FLS-986-D, (NAIC ESTATE) (VS-04-000597)

LOCATION: SABANG (FORMERLYTIMALAN), NAIC, CAVITE, LUZON

BOUNDARIES:

BOUNDARIES:						
LINE	DIRECTIO	<u>n</u> <u>adjoinii</u>	NG LOT(S)			
1-2	SW	LOT 1, BI	LOCK BLK 10, PCS-04-030597			
2-3	NW	ALLEY L	OT 6, PCS-04-030597			
3-4	NE	LOT 3, BI	LOCK BLK 10, PCS-04-030597			
4-1	SE	LOT 25, E	BLOCK BLK 10, PCS-04-030597			
TIE POINT: MON. NO. 17, NAIC ESTATE, PROVINCE OF CAVITE						
LINE]	BEARING .	<u>DISTANCE</u>			
TO CODNED 4		C 400 40` F	0005.40.14			

TO CORNER 1 S. 43° 46° E 2665.16 M.
1-2 N. 29° 26° W 8.00 M.
2-3 N. 60° 34° E 3.50 M.
3-4 S. 29° 26° E 8.00 M.
4-1 S. 60° 34° W 3.50 M.

AREA: TWENTY-EIGHT SQUARE METERS (28), MORE OR LESS

Prospective bidders So the encumbrance existing thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **August 11, 2025** at the same time and at the same place mentioned above without further notice.

Municipality of Naic, Province of Cavite, June 30, 2025

(Sgd.) JANELLE V. LAGADON, MBA Sheriff IV

Copy furnished:

HOME DEVELOPMENT MUTUAL FUND (HDMF) -

Petron Mega Plaza Building, No. 358 Sen Gil Puyat Avenue, Makati City

PEDRO V. MITRA -

#2498 CRISALITA ST., BRGY. 767, SAN ANDRES BUKID, MANILA LOT 2, BLK. 10, PASINAYA HOMES I SUBDIVISION, SABANG (FORMERLY TIMALAN), NAIC, CAVITE

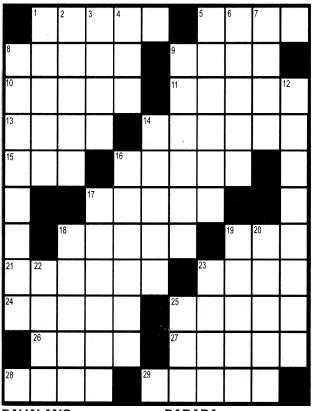
MARIA VICTORIA D. CAPIRAL c/o ATTY. SIMEON P. MADRID,

Attorney-in-Fact, S.P. MADRID & ASSOCIATES
Unit 2010 20/F Herrera Tower, V. A. Rufino cor. Valero Streets,
Makati City

Publication: SUNDAY TRIBUNE NEWS PUBLISHING

Dates: July 6, 13 & 20, 2025

PALAISIPAN



PAHALANG

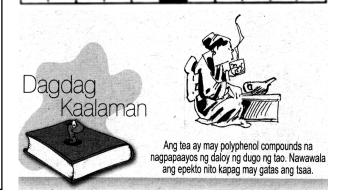
- 1 Bayan sa Laguna 5 Bansag ni Panfilo Lacson
- 8 Ulirat
- 9 Asawang lalaki
- 10 ____ Iridology
- 11 Pakuluan 13 Singer na Raymundo
- 14 Niyapos
- 15 Malaking hayop 16 Makalumang
- pagbibilang
- 17 Palaki
- 18 Uri ng basket
- 19 Hamak 21 Marahas na pagdating
- 23 Pinuno ng monasteryo
- 24 Halamang medisinal
- 25 Liwasan
- 26 Talilis
- 27 Hakbang
- 28 Special Weapons and Tactics
- 29 Asong kalye

PABABA 1 Pinatuyong ubas

- 2 Joel o Boy
- 3 Kulay ng uniporme
- 4 Ms. Villania
- 5 Kokak
- 6 Inangkin
- 7 Lungsod sa Bikol
- 8 Komedya
- 9 Iniba
- 12 Kaugnayan
- 14 Ilapag 16 Uri ng pandan
- 17 Barandilya
- 18 Banoy
- 19 Matibay na hibla 20 Busal
- 22 Libang
- 23 Inumin sa pagdiriwang

SAGOT SA NAKARAAN





2025 NUTRITION FORUM

On July 7, 2025 the Office of the Provincial Health Officer - Nutrition team, in collaboration with Provincial Nutrition Committee, brought community stakeholders together at the Cavite Collaboration Center for Public Health, Trece Martires City for the 2025 Nutrition Forum, themed "Strengthening Food Security through Nutrition and Local Action" which emphasized grassroots solutions to malnutrition and food insecurity. The day-long event is part of the provincial celebration of the 51st Nutrition Month.





Ms. Dessa May R. Alibangbang, District Nutrition Program Coordinator, officially opened the forum with a warm welcome and acknowledgment of guests and participants. Dr. Nelson Soriano, Provincial Health Officer I delivered his opening address, stressing the holistic link between balanced nutrition and healthy lifestyle as foundational to public health.

Setting the program's tone, Dr. Maria Victoria Salvatus? Torres, Head of the Family Health Cluster, delivered a stirring Nutrition Message that food security is not just a

goal but a commitment to dignity, equality and justice.

Ms. Angeles P. Peñalba, Provincial Nutrition Action Officer, formally elaborated on this year's nutrition month sub-theme, "Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!" – underscoring food and nutrition security as a **► 2025 NUTRITIÓN • 5**

OPENING NG MABUHAY SUNDAY CLUB LEAGUE SEASON 1

Sa ngalan ng inyong lingkod ay dinaluhan nina City Vice Mayor Cesar L. Ines, Jr. at Sangguniang Panlungsod Members ang pagbubukas ng pinakaunang Mabuhay Sunday Club League. Amin pong ikinagagalak ang inyong aktibong partisipasyon upang malinang ang kakayanan ng mga taga-Barangay Mabuhay sa larangan ng sports gaya ng basketball.



Best of luck po sa lahat ng mga kupunan na lalahok at ngayon pa lang ay congratulations na po sa inyong lahat. Nawa'y palagi namin kayong makasama tungo sa mas pinalakas na mamamayan ng City of Carmona. #CityOfCarmona #LungsodNgCarmona #LGUCarmona #BayanMunaLagi #DapatAngatLahat

SUNDAY TRIBUNE

VOLUME III • NO. 50 • JULY 13 - 19, 2025 • P10.00

Another productive day!

Nagkaroon tayo ng courtesy call kasama sina Regional Director PBGEN Jack
Wanky at Provincial Director ng PNP PCOL Dwight Alegre, ang Bureau of
Fire Protection – Cavite sa pangunguna ni FSUPT Genalyn Cabasal, at ang Provincial Prosecutor ng ating lalawigan sa pangunguna ni Ms. Vivian Rojo. Kasama ang ilang kinatawan mula sa Landbank.



Nagpapasalamat tayo sa iba pang mga bisita pati na din sa aking kapatid na si Congressman Ping Remulla na patuloy na katuwang ng Pamahalaang Panlalawigan para sa mas ligtas, maayos, at maunlad na Cavite.

Tuloy-tuloy ang pagtutulungan para sa bawat Caviteño. #Cavite #MulaSaBayanParaSaBayan



Sunny morning, Kawit! New week, new dedication to serve our Gospel! Our countrymen finally met our returning chief of our PNP-Kawit, LtCol Resty Soriano. For the safety, well-being, and prosperity of Kawit, count on our #RatedTripleA service! #InaNgPusoAtMalasakit #PusoAtMalasakitParaSaAtingKawit #MayorAguinaldo