SUNDAY TRIBU

NEWS PUBLISHING

As part of the ongoing efforts of the provincial government to strengthen the capabilities of its barangay-level law enforcement personnel, a

seminar for Barangay Tanods of CarSiGMA district

– City of Carmona, Silang and Gen. Mariano

Alvarez, was successfully conducted at Brgy. Lantic, Carmona on August 15, 2024. The program aims to enhance the skills and knowledge of the local peacekeepers in maintaining peace and order in their community.
PLTCOL Joven T. Bahil of Cavite Police Provincial Office, provided valuable insights that equipped the tanods with the necessary tools to handle various situations they may encounter. Likewise, he tackled various aspects of community policing, conflict resolution, and emergency response. The seminar emphasized the importance of vigilance, proper coordination with local authorities, and adherence to legal protocols in executing

News

Worth

Knowing

their duties.

security of the community.

VOLUME III • NO. 4

AUGUST 25 - 31, 2024

P10.00

Seminar and distribution of peace and order kits to CarSiGMA Barangay Tanods



MPT South ibinida ang Laguna Heritage sa Photowalk Tour

Matagumpay na inilunsad ng Metro Pacitic Tollways Sourth (MPT South), sa pakikipagtulungan sa Department of Interior and Local Government – Laguna (DILG Laguna), Laguna Tourism Culture Arts and Trade Office (LTCATO), Biñan City Culture, History, Arts, and Tourism Office (BCHATO), at Sta. Rosa Tourism Office (SRTO) ang kauna-unahang Biyaheng South's "Discover Laguna: A Heritage Photo Walk Tour" sa mga lungsod ng Biñan at Sta. Rosa. ► MPT SOUTH • 3



MPT South together with invited photo enthusiasts, media partners, representatives from Department of Interior and Local Government - Laguna (DILG Laguna), Laguna Tourism Culture Arts and Trade Office (LTCATO), Biñan City Culture, History, Arts, and Tourism Office (BCHATO), Sta. Rosa Tourism Office (SRTO).



Winning photo of Sarah Lou Bernardino in Sta. Rosa

2024 World Café of Opportunities The 2024 World Café of Opportunities,

In addition to the seminar, the distribution of peace and order kits to the barangay tanods was a key highlight of the event. Each kit included essential items such as, whistles, vests, batons, gloves and caps, all intended to aid the Tanods in their day-to-day tasks. The provision of these kits underscores the local government's commitment to supporting its frontliners in maintaining the safety and security of the community.

SEMINAR • 5

spearheaded by the Technical Education and Skills Development Authority (TESDA) Region IV-A Cavite Provincial Office, in coordination with the Office of the Provincial Public Employment Service Manager (OPPESM), was successfully conducted on August 14, 2024, at Robinson's Place, City of Dasmariñas. The event served as a vibrant platform for job seekers, employers, and various stakeholders to connect and explore employment and training opportunities.



The initiative aimed to bridge the gap between skills training and employment, offering TESDA graduates and other job seekers direct access to potential employers. Participants had the chance to engage in one-on-one interviews, career coaching sessions, and explore various job openings from participating companies. The event highlighted the importance of technical and vocational education in enhancing employability and fostering economic growth in the region. ➤ 2024 WORLD • 5

DepEd eyes 'flexi' implementation of Matatag Curriculum

The Department of Education (DepEd) is looking at the possibility of implementing the Matatag Curriculum more flexibly while it addresses the country's learning gap.

In a radio interview, Education Secretary Juan Edgardo Angara clarified that the Matatag Curriculum will stay despite mounting calls to remove it.

However, the agency wants it to be adjusted so as not to rden the teachers excessively, he said.

"Pinag-aaralan na ho namin. I think, hindi naman sa aalisin, pero gagawing mas flexible para depende sa principal, titingnan niya, kamusta 'yung mga teachers niya, napapagod ba sila (We are studying it. I think, it will not be removed, but it will be made more flexible, it will depend on the principal, they will check how the teachers are doing, if they are burdened)," he

Angara said that based on the school principal's assessment, he or she could make proper adjustments to the schedule of the classes.



► DEPED EYES • 5 Education Secretary Juan Edgardo Angara

Dr. Raquel S. Buban at Dr. Dolores R. Taylan, Gagawaran sa KWF Dangal ng Wikang Filipino 2024

Gagawaran ng Komisyon sa Wikang Filipino (KWF) ng Dangal ng Wikang Filipino 2024, sina Dr. Raquel E. Sison-Buban, isang edukador, tagasalin, mananaliksik, tagapanayam, manunulat at alagad ng wika at Dr. Dolores R. Taylan, isang edukador, tagasalin, manunulat, at mananaliksik.

Si Dr. Buban ay nagbigay ng iba't ibang panayam at lektura sa iba't ibang akademikong institusyon para sa iba't ibang paksa kabilang ang: Espesyal na Maikling Kurso ng Pagsasalin; Pagbasag sa mga Mito ng Pagsasalin Pagsasalin Metapora; Pagbuo ng Programa para sa Pagsasanay sa Pagsasalin: Estado, Proseso at Disenyo; Isyu, Bugso, at ng/sa Direksiyon Pagsasalin sa Ika-21 Siglong Edukasyon; Lipat, Danas, Lapat: Praktika at Estratehiya sa Pagsasaling Teknikal; at Mga Teorya at Praktika sa Pagsasalin.

Si Dr. Taylan ang isa mga haligi Departamento ng Filipino at ng Pamantasang De La Salle sa pagsusulong at pagpapaunlad ng wikang Filipino. Sa mahigit dalawang dekada niyang pagtuturo sa pamantasan, ipinakita niya ang kaniyang dedikasyon at adbokasiya sa pagpapaunawa sa mga Lasalyanong mag-aaral ng kahalagahan at kapangyarihan ng wikang Filipino sa pagbabagong panlipunan. Malaki ang kaniyang ambag sa pagsusulong intelektuwalisasyon ng wikang Filipino sa buong bansa. Aktibo siyá sa iba't



ibang pambansang organisasyon tulad ng Propesyonal na Asosasyon ng mga Tagasalin at Tagapagtaguyod ng Salin (PĀTAŠ) Pambansang Samahán ng mga Dalubguro (PASADO). Siyá rin ang tumatayong Tagapamahalang Editor ng

Malay, isang international refereed at abstracted na journal sa Araling Pilipinas at ang pinakabinibisitang akademikong journal sa Philippine E-Journals.

Ang Dangal ng Wikang Filipino ay kumikilala sa mga nagtaguyod, nagpaunlad, at

nagpalaganap ng wikang pambansa, ang Dangal ng Wikang Filipino ay parangal na ibinibigay lámang sa mga pilíngpilíng indibidwal na may angking kontribusyon sa lipunan para higit na umangat ang Filipino sa iba't ibang larang at

BUWAN NG WIKANG

dominyo kapangyarihan, gaya ng, ngunit hindi limitado sa, agham at teknolohiya, edukasyon, inhenyeriya, kawanggawa, negosyo, pamamahala, sandatahang lakas, sining, at ugnayang panlabas.

DFW'S Choice sa Senado, Inilabas sa PAPI Survey

Kamakailan, nagsagawa ng survey ang Publishers Association of the Philippines, Inc. (PAPI) mula Hulyo 28 hanggang Agosto 2, 2024, sa tatlong pangunahing samahan ng mga Overseas Filipino Workers (ÖFWs) upang alamin ang mga paboritong kandidato sa senado ng mga Pilipinong nagtatrabaho sa ibang bansa. Ipinapakita ng mga resulta ng survey ang mga kandidatong higit na tinatangkilik ng mga OFW, partikular na ang mga may matibay na paninindigan sa pagtataguyod ng kanilang mga karapatan at kapakanan.

Nanguna si Dante Marcoleta dahil sa kanyang masigasig na pagtatanggol sa mga karapatan ng mga OFW, na nananawagan sa Department of Migrant Workers na paigtingin ang mga hakbang laban sa pagsasamantala. Kasunod si Erwin Tulfo, na kinikilala para



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sa kanyang mga programa na inuuna ang kapakanan ng mga OFW. Pumangatlo naman si Rodrigo Duterte, na may matibay na suporta dahil sa kanyang patuloy na agtataguyod kapakanan ng mga OFW at ang walang humpay na laban kontra droga sa

Kabilang sa survey ang mga miyembro ng Overseas Filipino Workers Veterans Association (OVA) at Patriyotikong Pilipino, dalawang kilalang samahan kumakatawan sa interes mga Pilipinong nagtatrabaho sa ibang bansa. Mahahalagang personalidad mula sa mga grupong ito, tulad nina Ferdinand Delos Reyes, Chairman ng OVA Caloocan Chapter Rolando Buenafe, Global Administrator at Political Affairs Officer ng OVA; at Roberto Tan, Pangulo ng Patriyotikong Pilipino, ang nagbigay ng mahalagang ambag sa pagpapahayag ng mga pulitikal na opinyon at alalahanin ng komunidad ng OFW.

Ang iba pang mga kandidato na nakapasok sa top 12 senatorial

preferences ng mga OFW ay sina Imee Marcos, Tito Sotto, Ping Lacson, Manny Pacquiao, Bato Dela Rosa, Francis Tolentino, Pia Cayetano, Willie Ong, at Bong Go. Ang mataas na ranggo ni Marcoleta, kasama ang malakas na suporta kina Tulfo at Duterte, ay nagpapakita ng kanilang patuloy na pagsusumikap ipaglaban ang mga karapatan at kapakanan ng mga OFW, na nagsisiguro ng kanilang dignidad makatarungang pagtrato sa mga bansang kanilang pinagtatrabahuan.

Habang papalapit na ang halalan sa senado, inaasahang magiging mahalagang aspeto ang boto ng mga OFW sa pagtukoy ng magiging resulta ng eleksyon. Ang mga resulta ng survey ay naglalantad ng mga prayoridad at alalahanin ng mga Pilipinong nagtatrabaho sa ibang bansa, na binibigyang-diin ang kahalagahan ng pangangalaga sa kanilang mga karapatan at pagtugon sa mga natatanging hamon na kanilang kinakaharap.

MPT South...

(FROM PAGE 1)

Ang 'Biyaheng South' ay nagimbita ng mga photo enthusiasts at ilang media partners para makiisa sa Walk Photo Tour. Nagsimula ito sa Biñan, kung saan nagkaroon muna ng isang quick tour Cavite-Laguna Expressway (CALAX) mula Mamplasan hanggang Silang-Aguinaldo exit, upang mai-highlight ito bilang isang green expressway, nagpapakita ng pagiging self-sustaining nito. Kasunod nito, ang mga kalahok, media partners, at mga kasamahan mula sa iba't-ibang ahensya ng gobyerno, ay napaligaya ng isang masarap na almusal at relaxing vibe ng isa sa mga nakatagong hiyas ng Biñan, ang Kamp Lilim, na hindi kalayuan sa CALAX. Pagkatapos nito ay tumungo na ang grupo sa Biñan Esplanade, ang baybaying lawa ng bayan kung saan nagkaroon ng pagkakataon ang lahat na masilayan ang Hispanicinspired coastal architecture at ang makapigil-hiningang Laguna Lake, ang pinakamalaking lawa sa bansa.

Pagdating naman sa población ng Biñan, nagkaroon pagkakataon ang lahat na makita at makuhaan ng litrato ang isa sa mahahalagang yamang kultura ng bayan, ang Alberto Mansion, ang bahay ng pamilya ni Teodora Alonzo, ang ina ng pambansang bayani na si Dr. Jose Rizal. Nagkaroon din ng pagkakataon ang lahat na matuto sa mga bakas ng lahi ni Dr. Rizal na nakaukit sa bayan ng Biñan.

Pagdating naman sa lungsod ng Sta. Rosa, ang mga kalahok ay natikman masarap tanghalian mula sa 'PansEAT', isa pinakamatandang restawrant sa lungsod. Pagkatapos mananghalian, nagturo ang local tourism officer ng Sta. Rosa ng mga kamangha-manghang kasaysayan ng bayan na makikita sa museo ng lungsod, sa daang-taong simbahan ng bayan, ang Sta. Rosa de Lima Parish Church na itinayo pa noong 1792; ang kahangahangang Spanish at American na mga tahanan sa Zavalla street na nakadadagdag kahuľugang pangkasaysayan nito; at ang bantog na pook at pagkakakilanlan ng Sta. Rosa, ang Sta. Rosa Arch.

Ang mga kalahok at media partners ay kumuha ng mahahalagang litrato sa mga heritage sites at makasaysayang mga pook sa gitna ng maunlad na lungsod ng Biñan at Sta. Rosa; nakaikim ng mga lokal na pagkaing ipinagmamalaki ng mga bayang ito gaya ng Puto Biñan at pritong okoy; at nagkaroon din sila ng pagkakataon na matutunan ang kahalagahan ng kasaysayan nagpapaalala ng ating pinagmulan.

Ang mga photo enthusiast na lumahok sa pagtitipon na ito ay nagbahagi rin ng kanilang pinaka-magagandang litrato na nakunan sa dalawang lungsod. Ito ay masusing pinili ng mga hurado mula sa MPT South

at mga kasamahan sa iba't-ibang ahensya ng gobyerno. Sa huli, and mga hurado ay pinili ang mga litrato ni Bb. Sarah Lou Bernardino, na nakakuha pinakamataas na iskor sa mga nakunan niyang litrato sa mga lungsod ng Biñan at Sta. Rosa.

"Ang heritage photo walk tour ay sumisimbolo sa dedikasyon ng MPT South na pagyabungin ang kamalayan sa ating kasaysayan pahalagahan ito para sa ikakabuti ng ating arawaraw na pagsusumikap sa buhay," saad ni Arlette V. Capistrano, Vice President for Communication and Stakeholder Management ng MPT South. "Ang MPT South ay magpapatuloy na maging daan pagpapahalaga sa aking mga yamang kasaysayan at hikayatin ang lahat na napakagandang dahilan nito," dagdag pa ni Capistrano.

Tungkol sa Biyaheng South

Ang Biyaheng South ay ang award-winning tourism advocacy program ng MPT South, na namamayagpag sa Tiktok, Facebook, at Instagram. Ito ay laang programa para sa pagsulong ng cultural heritage, diverse tourist destinations, at kakaibang experience sa Region IV-A at NCR, Ialo na sa mga lugar na abot ng expressways. **About MPT South**

Ang MPT South ay isa sa mga subsidaryo ng Metro Pacific Tollways Corporation (MPTC), ang infrastructure arm ng Metro Pacific Investment Corporation (MPIC). Maliban sa mga toll road networks ng CALAX at CAVITEX, ang MPTC's

(FROM PAGE 8)

conducts operations involving demolition, and intelligence, underwater tasks, primarily focusing on counter-terrorism efforts.

AFP chief...

Following the rites, Brawner attended the Joint Graduation Ceremony for SEAL **Qualification Training Class** 26, Basic Naval Explosive Ordnance Disposal Course Class 21, and Master Explosive Ordnance Disposal Course Class 03.

NAVSOCOM head, Commodore Dwight Steven Dulnoan, and acting PN chief and vice commander, Rear Admiral Jose Ma. Ambrosio Ezpeleta, were also present.

Brawner commended the graduates for their dedication and resilience, emphasizing their embodiment of the Navy SEALs' spirit commitment to excellence.

"You have faced challenges that tested your limits and you have emerged as elite warriors ready to serve our nation. You embody the spirit of the Navy SEALs, courageous, disciplined, and committed excellence and we have seen this countless times in action and in combat operations," he said. (PNA)

Empowering... (FROM PAGE 8)

Jaquilyn V. Lara securing 2nd honor, and Ms. Jennifer Gandia from CICLEDO-LGU Imus bagging the 3rd honor. awardees These distinguished themselves through their dedication, hard work, and excellence throughout the training

program.

CDA officials extended their gratitude to all participants and awardees, who have demonstrated their commitment to advancing cooperative development in their areas.

The Training of Trainers

seminar was part of the CDA's Cooperative **Development Officers** Certification Program, which aims to enhance the capabilities of CDOs in delivering the Basic Cooperative Course. It is vital in helping CDOs fulfill their role in contributing to the growth and success of cooperatives in the province. (Ria M. Tanael) domestic portfolio ay kinabibilangan ng North Luzon Expressway (NLEX),

NLEX Connector Road, Subic-Clark-Tarlac Expressway (SCTEX), at

(FROM PAGE 8)

ng Cebu-Cordova Link Expressway (CCLEX) sa Cebu.

awarding The ceremony was spearheaded by Mr. Michael John C. Maquiling, Supervising Science Research Specialist of PSTO-Pangasinan, along with Ms. Geraldine Araos. Municipal Human Resource Management Officer, and

Ms. Juliana Espinosa,

Municipal Agriculturist of

San Jacinto, Pangasinan.

The activity aimed to assist in drying postproducts harvest effectively and enhancing agricultural productivity specifically on rice and monggo production. The beneficiaries of the Portasol units include the Hilltop Organic Farmers League of San Jacinto Inc., received four (4) units for their 75 members; the

Away Labney Lobong Irrigators Association, received four (4) units for their 170 members; the Bolo Labney Lobong San Jose Irrigators Association, received four (4) units for their 120 members; and the Awai Upper Hills Farmers Association, received three (3) units for

Mr. Geamboy D. Morata, Project Technical Assistant I of DOST 1, oriented the beneficiaries on the use of Portasol technology and its benefits and provided an overview of the CEST Program.

their 80 members.

Mr. Maquiling encouraged the beneficiaries to properly manage the awarded Portasol units and urged the farmers to continually

enhance their agricultural practices through sciencebased solutions. He conveyed his gratitude to the farmers and expressed the hope that the Portasol units they had been given would have a beneficial effect and promote

On behalf of the Local Government Unit of San Jacinto, headed by Mayor Leo F. De Vera, Ms. Araos expressed her gratitude to the DOST 1 - CEST Program.

sustainable lives.

The successful distribution of the Portasol units underscores the commitment of both DOST 1 and LGU San Jacinto to fostering agricultural innovation and supporting sustainable farming practices in municipality. (Geamboy Morata and Catherine Lictao)



EXTRA-JUDICIAL SETTLEMENT OF ESTATE OF THE LATE ARTHUR L. **MERLAN**

NOTICE IS HEREBY GIVEN THE PUBLIC THAT This Deed made and executed by and among: 1. JAY LOYOLA MERLAN, single and a resident of Brgy. Mabulo, Naic, Cavite; 2. TEENA LOYOLA MERLAN, single and a resident of 450 Entrada Dr Apt 21. Novato, CA 94949 U.S.A.; and 3. LANIE LOYOLA MERLAN-EXNER, married and a resident of 516 Patricia Ave., San Mateo, CA. 94401, U.S.A., all of legal ages, all American citizens, hereby declare that: DECLARE AND MAKE MANIFEST: 1. THAT, we are the legitimate heirs being the surviving children of the late ARTHUR L. MERLAN, who died on March 29, 2021, at Naic, Cavite; . 2. THAT, at the time of his death, the deceased ARTHUR L. MERLAN was resident of Naic, Cavite and died without any obligation to any person or persons and died without any will; 3. THAT, the deceased, ARTHUR L. MERLAN died without any will or last testament and did not leave any indebtedness to any person or institution and left as his estate the following: (1) A parcel of land situated at Brgy. Muzon, Municipality of Naic, Province of Cavite with TRANSFER CERTIFICATE OF TITLE NO. 057-2019008070, containing an area of 500 square meters, more or less; (2) MOTOR CYCLE: Make - HARLEY DAVIDSON; Engine No. - YHKK022965; Chassis No. - MLY1YHKR2K5022965; MV File No. - 1336-00000520929; (3) MOTOR VEHICLE: Make - MAZDA; Engine No. - PE30941649; Chassis No. - JM7ND2ER76H0100634; MV File No. - 1301-00000808922; 4. THAT WE, hereby divide and adjudicate as we have hereby divided and adjudicated among ourselves the above-described parcel of land, Motor Cycle and Motor Vehicle, including all our interests and participation, equally, Pursuant to Sec. 1 Rule 74 of the Revised Rules of Court. This has been the subject of EXTRA-JUDICIAL SETTLEMENT OF ESTATE OF THE LATE ARTHUR L. MERLAN duly executed on May 08, 2024 at Naic, Cavite by the Heirs before Notary Public Atty. Jose A. Mendoza as per Doc. No. 288, Page No. 59, Book No. XXIV, Series of 2024.

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BUILD UP A HARMONIOUS COMMUNI



Doris Yin

Today, we will discuss the Pi Network community, specifically the pioneering members. The community has a broad definition, including the Pi Network Core Team, application developers, merchants, service providers, and pioneering members. Although the community is broad, for this discussion, I will focus only on the narrow definition: pioneering community.

According to the last Pi2Day CT announcement, we have surpassed 60 million active pioneers from over 200 countries and regions. As a diverse community speaking different languages and belonging to different ethnicities, religions, and beliefs, how can we ensure that our Pi Pioneers community can coexist

harmoniously? How can we work towards building a strong and cohesive community? I sincerely admire our large Pi Network family because we share the same goals and dreams. The success of the Pi Network cannot be achieved solely by the Pi Network Core Team. If they could, I believe they would have announced an exact date for reaching OM two years in advance. Today, the success of the Pi Network relies on the collaborative efforts of both the Core Team and the pioneers. Collaboration here doesn't just mean completing our KYC or migrating on time; it also means that pioneers should reach a consensus on the value of Pi and develop an ecosystem using this price. Dr. Nicolas mentioned that the price of Pi was created by pioneers, but how? Different pioneers have different understandings, especially since most have not read the whitepaper and only know about Pi through word-of-mouth. If they don't understand Pi's mission, vision, and long-term goals, how can they determine the price for Pi that can ensure its success? Therefore, we need to educate the community and use it at this price. Only in this way, it can be called "create price" not "decide price". It is impossible to reach OM if pioneers insist on a price without a GCV price. I can say that the delay of OM is related to pioneers who

are not aligning their behaviors with the long-term goals of Pi Network.

Fortunately, our GCV community has made significant progress in the past year. Even though we introduced GCV \$314,159 to the global community 26 months ago, it was merely a concept at the time. It has been successfully established after a year of implementation in the Chinese community and another year of implementation in many other global communities. Although other prices exist, they only represent individual prices and cannot dominate the entire global community. While there are many high-amount transactions, they cannot be seen as the real value of Pi because most of these transactions are in violation of policies, indicating that they are mainly from unauthorized selling and buying in the black market. Since these transactions violate the policy, they do not represent the Pi price. Low prices, such as \$1 or \$5, represent consensus only within specific countries and cannot represent a global consensus. Global Consensus Value means that it gains the support of most communities from over 200 countries, which requires support from more than 100 countries with large and continuous value records. Only GCV \$314,159 can be qualified as the Global Consensus Value.

Let's discuss how different Pi price opinion pioneers can interact harmoniously.

There have been some instances of attacks, insults, defamation, and slander directed towards GCV community leaders. Additionally, there are reports of mistreatment of community leaders with opposing viewpoints. Despite advocating for GCV for over two years, I have been subject to ongoing attacks and insults, some of which have been made public on platforms like YouTube and social media. While I am aware of these actions, I believe it is important to refrain from retaliating in a similar manner.

Here, I want all community pioneers to realize one thing. I will give you this story

again: the two-headed bird's story.

Once upon a time, there was a big bird. It had one "body", one pair of "wings" and one pair of "claws", but it had two heads. Each of the two heads had its own thoughts and ulterior motives. Every time it flew to a tree to eat fruit, the two heads would eat desperately. As a result, when eating, if you eat one more fruit, I will peck you. The left head pecked the right head, and the right head attacked the left head, and they often attacked each other.

The two-headed bird thought to itself, I must separate from it quickly, otherwise I will have nothing to eat, and it will eat everything. However, one flew east, and the other flew west. Woo! They fell to the ground and could not fly. Because they shared the same "body" and pair of "wings". But their thoughts and views were completely different. At this time, they could not fly and wanted to move separately, but they could not

Later, the bird head on the east was smarter and the bird head on the west was dumber. The bird head on the east thought he was very smart, so he said to the other head, "I'll take you to a big tree full of fruits. They're delicious, okay?" The bird head on the west said,

"Okay!" As a result, the two heads shared one body and flew to a big tree full of fruits.

The bird head on the east side said, "Oh, this is delicious, try it." The bird head on the west side ate it and said, "It's delicious." The bird head on the east side didn't dare to eat it, and thought to himself, "Huh! Huh! I'll poison you to death in a moment." Because the fruit is poisonous. The bird head on the west side didn't know and kept eating it. After eating it, the poison took effect, and he died. After he died, he fell from the tree because they shared the same body. Killing the bird head on the west is killing the bird head on the east, killing himself.

Therefore, harming others is actually harming yourself, and only benefiting others is truly benefiting yourself, especially in the Pi Network community because we share

one body, "Pi Network".

I hope all global pioneers, including GCV and other price communities, and even the black market pioneers' community (because I know the black market has a large population), can learn from this story. Today, when you attack the GCV community, you're essentially attacking yourself. The GCV community works very hard for all Pi Network project parties, and GCV warriors help us realize all our goals and dreams. If you harm these GCV warriors, it will only delay your financial freedom. You may have debts, no job, or no car or house, and because you cannot see the future of Pi, you want to deceive pioneers that Pi is worthless and teach them how to sell to you so that you can earn some cash. However, the GCV warriors make it harder for you to find pioneers who want to sell, or the price you bought is higher than before, so

you want to attack the GCV community. This action is foolish because it prevents you from realizing your own goals - financial freedom for you and your family earlier! The cash you earn can only support you for one or two months, but Pi's success will help you become completely debt-free and enable you to buy a car or a house. Today is GCV Warriors. Work hard freely for you to reach your goal!

As for GCV community pioneers, I would like to call on you not to attack or abuse other community leaders and pioneers, if you have done so. But I have never seen our GCV pioneers do it. I have only received some complaints from other communities. So, if we, as GCV community pioneers, have done it before, please pay attention; we should not do so. Personally, I never pay attention to these kinds of attacks, insults, or abuse. I am a Buddhist practitioner, so I deeply understand the "cause and effect" relationship. Everyone is responsible for their own actions and their consequences. If I plant evil seeds, I will suffer the bad effects. If I plant good seeds, I will benefit from my good behavior. If others attack me, it won't affect me but will

According to Buddhist sutras, if I can endure it, not worry about how much advantage they take of me, and not let it bother me, then not only will our past bad karma be eliminated, but we will also be at peace in the present moment. It will also increase our blessings and wisdom and prolong our lifespan.

Forbearance is the foundation of spiritual practice and is the first of the precepts. Forbearance is the greatest blessing. Those who can practice forbearance will have the greatest blessings, and will also increase their concentration, eliminate karma, and open up their wisdom.

If we can endure the insults from others, it is our blessing, and will gradually increase our wisdom. Enduring humiliation is also a way to increase our wisdom. Therefore, we should cultivate ourselves and appreciate any kind of adversity. On

the other hand, attacking, insulting, or slandering others will have a bad effect on themselves. We always talk about energy. In reality, all these kinds of thoughts and behaviors create bad Qi in our body and spirit. According to Chinese medicine, it's very easy to get ill. So, if we want to be healthy and happy, please don't engage in these kinds of bad behaviors or even thoughts because you can hurt yourself.

* How can the GCV community cooperate to achieve the same goal: GCV OM by the end

of this year or maybe after OM? I propose using the following "Four Harmonious Respects." The "Four harmonious respects" include the speech and speaking without objection,

and mind being harmonious, the views and understandings, the benefits and the same principles, and the precepts and the same practice. These four principles delineate specific areas of conduct and interaction within

the community, and I introduce them that the Pi Community can practice.

1. "Body harmony ": This principle emphasizes the importance of harmonious cohabitation within the community, both physically and mentally, while refraining from behaviors that may incite physical conflicts or disharmony.

Today, in the pioneers community, most of the activities are online. However now we focus on offline education and ecosystem development. Therefore we will have more gatherings such as barter, or seminars. It's very important we should keep respect for each other and never have any physical conflicts. For almost two years,

I have never seen our GCV community have this kind of issue in the local activities.

2. "Communication harmony ": This principle underscores the significance of communication, coordination, encouragement, and mutual support, advocating against verbal conflicts or the use of provocative language, given the potential harm associated with verbal aggression and its lasting impact.

First, we should understand that all pioneers are equal. They are free to set the price they prefer, so in the GCV community, we should not criticize them or require them to accept GCV \$314,159. This represents our "tolerance". However, we should protect our GCV community from being misled by fake or incorrect information or from low-price advocates. We welcome them to be in our community to study, but we do not allow them to post information against GCV. If they do not listen to us, or try to convince us otherwise, we need to remove them from our community. This is called "wisdom"

If any pioneers continue to complain after we have explained the situation, and they still contribute a lot of negativity to the GCV community, we should remove them.

When our GCV Core Team communicates at different levels, listening is very important instead of arguing. We should appreciate each other and avoid any kind of discrimination. Other community leaders are working for us; without their help, we cannot reach our goal. We should not criticize other community leaders in front of others. I strongly recommend using words of encouragement. If needed, you can call or send a direct message to them, and when you talk, you should not give orders

but instead offer suggestions using gentle language.

This way, we can avoid a lot of misunderstandings and prevent animosity. We

must understand that only by uniting together can we win.

3."Agreement harmony": This principle fosters camaraderie and contentment through shared goals and experiences, promoting a harmonious and joyful communal environment. We all share one body in the Pi GCV community - the Pi Network. We are all Pi

coin holders and have agreed on GCV \$314,159. We also follow the same "partial Pi and partial FIAT" strategy and practice the GCV Ambassador Infrastructure. Therefore, any pioneers who want to join our group or community should accept this. Otherwise, the community will face chaos. Therefore, we must admit pioneers with the same mindset or those who are willing to learn and improve to this level.

4. "Cognition harmony": This principle encourages the open expression and exchange of diverse viewpoints, emphasizing the pursuit of shared understanding

and striving to find common ground while respecting individual perspectives.

In our GCV community, we need to cultivate similar cognition, such as ethical values and a positive view of the world. As I've mentioned before, we see the world positively, believe that we can help make the world a better place, and do so through our kind hearts and kind words to others. We demonstrate our appreciation for others, value our Pi, and want to contribute to the success of the Pi Network. We are committed to putting in the hard work, being open to learning new things, and understanding the importance of self-improvement. We are solution and goal-oriented, focusing on resolving problems and understanding the bigger picture of Pi Network. Additionally, we recognize the significance of taking care of our families and being responsible citizens who love and respect our country while also respecting other countries.

These guiding principles offer a comprehensive framework for harmonious living and interaction within various group dynamics such as workplaces and family units, nurturing an ethos of collaboration and tranquility among community members. Here in our Pi Network GCV community, we can use the guidelines to build up our strong, harmonious Pi Network community.

LUMARI RERORTS

GCV Ambassadors Drive Pi Network Adoption Through Nationwide Outreach and Bartering Activities



Ms. Lumari

Ambassadors are making significant strides in promoting the Pi Network and strengthening its ecosystem across the Philippines. On August 14, 2024, Mrs. Lerma Ablan, GCV Ambassador and Merchant Coordinator for Las Piñas, along with Municipal Ambassadors Ms. Jennifer Botolan of Las Piñas and Ms. Maricel Omar of NCR, led a successful merchant outreach in Manila.

In Region 1, Ambassadors Mr. Marlon Domantay, Mr. Alcher Capin, Mr. Robert Cayaban, and Mr. Allan Dela Cruz organized a bartering activity on August 16, 2024. They provided valuable information to community members about the benefits of Pi, enhancing local

Region 12 saw a successful campaign under the leadership of Ambassador Mr. Anthony Nierra in Polomolok. His team conducted outreach at the barangay level, meeting with local officials and community members, which resulted in a highly successful engagement and strong local support for Pi.

In Region 4A, the 15th bartering activity was held, led by Ambassadors Ms. Marivic Temblador, Mr. Arnel Reyes, Mr. Jomar Gallego, and Mrs. Virgie Castillo. The event, attended by merchants, highlighted the growing acceptance and enthusiasm for Pi payments.

Region 4A Batangas also made notable progress with a bartering activity in Batangas on August 18, 2024. This event was organized by GCV Ambassadors Mr. Evaristo Tapat, Mr. Macky Rosal, and Ms. Gerlie Gonzales. The event was attended by several merchants and contributed to increasing Pi's visibility in Batagas

The efforts have been particularly focused on expanding the network's reach. The recent activities have fostered significant interest and adoption of Pi across various regions and municipalities demonstrating the commitment of the GCV movement to building a robust and thriving ecosystem.

These nationwide initiatives reflect the increasing acceptance of Pi and the dedication of our ambassadors, we are excited to see such positive responses and are committed to supporting all pioneers and merchants who join our community.

As GCV continues to advance its mission, we remain focused on offering strong support, regular promotions, and increased visibility for merchants, aiming to solidify Pi's role in the digital economy and drive its widespread adoption.



DepEd eyes... (FROM PAGE 1)

"Bibigyan namin 'yung flexibility 'yung kada paaralan at saka 'yung kada principal na i-set 'yung policy sa kanyang eskwelahan (We will give the flexibility to each school and then to each principal to set the policy in their schools)," he added.

It would also depend on the capacity of the teachers and students.

On Thursday, several teachers' groups made the call to scrap or suspend the implementation of the Matatag Curriculum as it has become very burdensome for most

national learning recovery programs in the curriculum only added workloads for teachers, with some of them already handling seven to eight classes with a minimum of 55 students per class, considering the shortage of public school teachers.

They urged the DepEd to consult other key stakeholders about it and the problem of the learning

A study made by the Programme International Student Assessment (PISA) in 2022 reveals that the Philippine education system lags five The integration of to six years behind in learning competencies ranking 77th out of 81 countries worldwide, according to DepEd.
Angara said the learning

gap deteriorated during the coronavirus disease 2019 (Covid-19) pandemic.

'Yung learning gap natin, parang lumawak siya nung panahon ng pandemya (Our learning gap further widened during the pandemic) at we're trying to recover that," he said.

On Tuesday, Angara said there is a need to review the country's learning recovery program and interventions should focus on the learners' needs, while the government should dip into sciencebased data gathering. (PNA)

local Seminar... (FROM PAGE 1)

The seminar and the distribution of kits were well-received by the participants, who expressed their gratitude for the continuous support and seminar provided by the local government.

Governor Jonvic Remulla together with local chief executives of CarSIGMA and other

officials commended the efforts of the barangay tanods and reiterated their dedication to further enhancing the capabilities of these grassroots law enforcement officers. (JDP)

2024 World... (FROM PAGE 1)

TESDA, in collaboration with OPPESM, continues to play a crucial role in addressing employment challenges by providing accessible and quality skills development programs.

The World Café of Opportunities is one of the key initiatives aimed at supporting the local workforce and contributing to the province's overall development. (JDP)

Fil-Ams Coleman, Santos win 3rd gold medals in PH swimming trials

Filipino-Americans Riannah Chantelle Coleman and Gian Santos displayed impressive forms during the Philippine Aquatics, Inc. national trials at Teofilo Yldefonso pool inside the Rizal Memorial Sports Complex in Malate, Manila on Saturday.

Coleman, born and raised in Pampanga province, ruled the 100m breaststroke in 1 minute and 14.12 seconds. surpassing the qualifying standard time (QTS) of 1:14.50 to claim her third gold medal in the girls' 14-15 category.

Her victories in the 50m and 200m breaststroke both exceeded the QTS.

"I feel so blessed. I just want to thank my parents for their support and to coach Dax (Halili) for believing in me. This is the moment I've been waiting for and it's an amazing feeling if I represent my country in a high-level international meet," the 5foot-3 swimmer, whose father is from Denver, Colorado, said.

Coleman is currently in Grade 9 at the National Sports Academy in Capas, Tarlac. She finished grade school at the American International Learning Academy in Angeles City, Pampanga.

Meanwhile, Santos secured his third gold in the boys' 16-18 category after dominating the 200m freestyle in 1:51.39 (QTS 1:55.45).

The incoming freshman at Columbia University in New York also won the 400m freestyle in 4:01.26 (QTS 4:07.74) and the 200m breaststroke in 2:18.30 (QTS 2:22.78).

"I'm just trying my best and possibly inspire the youth here. I hope to represent my country and my long-term goal is to make it to the Olympics," American-born Santos, whose parents are both Filipinos, said.

Jamesray Ajido, Micaela Jasmine Mojdeh, Mishka Sy, Ivo Nikolai Enot, Maxene Hayley Uy, Shania Joy Baraquiel, Billie Blu Mondenedo and Fil-Mongolian Enkhmend Enkhmend also triumphed in the tournament which will select members of the national teams for various tournaments abroad.



ASPIRANT. Filipino-American Riannah Chantelle Coleman competes in the girls' 14-15 100m breaststroke event of the Philippine Aquatics, Inc. national trials at Rizal Memorial Sports Complex in Malate, Manila on Saturday (Aug. 17, 2024). She clocked 1 minute and 14.12 seconds to surpass the qualifying standard time of 1:14.50. (Contributed photo)

Green Spikers, Altas triumph in Men's Collegiate Challenge De La Salle University relied on Joshua Magalaman to beat Emilio

Aguinaldo College, 25-15, 25-22, 25-21, in the V-League Men's Collegiate Challenge at the Paco Arena in Manila on Wednesday.



CELEBRATION. La Salle's Joshua Magalaman (No. 15) celebrates with teammates after the game against Emilio Aguinaldo College in the V-League Men's Collegiate Challenge at the Paco Arena in Manila on August 14, 2024. The Green Spikers won, 25-15, 25-22, 25-21. (Photo courtesy of PVL)

Bagunas, Alas Pilipinas exact 'revenge' vs Vietnam in SEA V.League Bryan Bagunas lit the sparklers early. Then everyone on Alas Pilipinas started to get in on the explosive display.



IMPRESSIVE START. Alas Pilipinas spiker Bryan Bagunas tries to score against Vietnam defenders at the start of the Southeast Asian Volleyball League at Ninoy Aquino Stadium in Manila on Friday (Aug. 16, 2024). The Philippines won, 25-21, 25-22, 18-25, 25-23. (Contributed photo)

Two hours and 12 crisp serves and even minutes later, the more explosive attacks. Philippines ended its run of futility in the Southeast Asian V.League with a 25-21, 25-22, 18-25, 25-23 victory over Vietnam at Ninoy Aquino Stadium inside the Rizal Memorial Sports Complex in Manila on Friday

For the sizeable crowd that celebrated every point and danced lustily when Bagunas sealed the victory with a thunderous strike, the win was a vengeance of sorts for heartbreaking straight-sets loss by Alas women to Vietnamese in the Challenger Cup in May.

It was also a huge statement win for Alas Pilipinas and an auspicious start under Italian coach Angiolino Frigoni.

Bagunas helped put Alas Pilipinas in control with his

Then Frigoni let the young ones shine.

Michaelo Buddin and Louie Ramirez did not disappoint.

Bagunas finished with a match-leading 19 points on 15 attacks, two blocks and two aces as the Philippines notched its first victory in the young league after getting blanked in two legs

ready. We play with the players, not with the name on the shirt," Frigoni said about the player rotations. "The players have to play." It doesn't matter if it's their first time on the national team. For me it doesn't matter."

In other matches, Thailand kicked off its campaign with a 25-21, 25-23, 25-20 victory over two-time champion Indonesia.

Thungkham Chaiwat scored 13 points on nine attacks, three blocks and a service ace for the Thais, who settled for silver and a bronze in two legs last

Thailand had 14 blocks, including four from 6-foot-8 middle blocker Nilsawai Kissada who finished with 11 points, the same output of Bhinijdee Napadet.

Opposite hitter Anggara "Éverybody has to be Agil Angga led the Indonesians with 18 points on 15 attacks, two aces and a block.

Kurniawan Hendra contributed seven points while Putrama Fahri Septian had six.

The Philippines battles Indonesia and Thailand will face Vietnam on Saturday in the event organized by the Philippine National Volleyball Federation. (PNA)

Magalaman scored 13 points on 10 attacks and three blocks as the Green Spikers extended their winning streak to three and stay on top of the standings.

The Generals, on the other hand, took their third straight loss.

"Pwede kong sabihing convincing kasi straight sets pero since medyo nagpapalit ako ng players, somehow nakikita ko na rin yung kung anong pwede pang i-adjust at the same time ano yung kailangan pa namin ipakita na talagang walang kaduda-duda (I can say it's convincing because straight sets but since I'm changing players, somehow I can see what can still be adjusted, at the same time, what else can we show without doubt),' said La Salle head coach Jose Roque after the one hour and 22-minute match.

Ruther Abor had a block kill and an ace to put EAC at 22-24 in the second set. But his service error allowed La Salle to take a 2-0 set lead.

Chris Hernandez chipped in 10 points while MJ Fortuna had seven points for the Green Spikers, who will face the Ateneo Blue Eagles on Sunday at the Ynares Sports Arena in Pasig City.

Abor finished with 15 points on 13 spikes, a block, and an ace for EAC, which will try to barge into the win column next Wednesday against Colegio de San Juan de

Meanwhile, University of Perpetual Help System Dalta rallied past Far Eastern University, 23-25, 15-25, 26-24, 25-21, 15-6, in the other game.

The Altas fought back in the deciding set, taking a 10-1 lead behind Kobe Tabuga and KC Andrade to wrap up the match in two hours and 13 minutes.

Perpetual tied FEU and idle National University at

"Sabi ko sa kanila, ang

skills nandiyan, the problem is yung emotion natin, yung confidence nyo sa sarili nyo, so dapat ibalik yung confidence. Tingnan mo magbabago yan kapag nakakuha tayo ng isang tataas ang confidence natin (I told them, the skills are there, the problem is our emotion, your selfconfidence, so you should get back the confidence. Just see, it will change if we get one set, our confidence will increase)," commented Altas coach Sammy Acaylar.

Jefferson Marapoc led the Altas with 19 points, 13 receptions, and eight digs.

Tabuga contributed 14 points, including four blocks, while Andrade and Jester Bornel produced 13 and 12 points, respectively.

Dryx Saavedrá led FEU with 14 points, while Doula Ndongala and Amet Bituin each scored 10 points. **(PNA)**

EXPERIENCE SB19'S PAGTATAG AT SM CINEMA PALAISIPAN

A'TIN, there's 'No Stopping You"! This is your moment to experience SB19's PAGTATAG like never before. SM Cinema invites you to dive deep into this cinematic journey where you can feel the







essence of SB19's music and passion, front and center. Get ready to cheer for Pinoy P-Pop idols Pablo, Josh, Stell, Ken, and Justin in a way that will make your heart "go so wild. It's time to elevate your fandom experience!

ONLY THE BEST SEATS AND SCREENING FOR **ATIN**

True A'TIN know that every detail matter-"hanggang sa huli," from





the captivating visuals to the soul-stirring beats, PAGTATAG deserves nothing less than the best. Indulge in the luxurious Premium Opus seats, meticulously crafted to keep you comfortable as you sing, scream, and groove to the rhythm of SB19. The cutting-edge Laser Projector guarantees that every move, every moment of "Gento," and every emotion is captured in

breathtaking clarity. The Dolby Atmos audio system will envelop you in a sound so immersive as if SB19 is right there, performing live just for you. From the heartpounding bass of "Bazinga" to the tender melodies of "Mapa," you'll experience it all like never before.

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Screen

Why enjoy PAGTATAG alone when you can "share the joy and the pain" with your fellow A'TIN? SM Cinema's Events Screen is the ultimate venue to host an exclusive watch party. Picture this: the energy in the room as you and your friends sing along to every track, cheer for every dance move, and celebrate every iconic moment. It's ultimate experience, tailor-made for you and your co-A'TIN.

Don't miss out on this once-in-a-lifetime opportunity to witness PAGTATAG in a setting as epic as SB19's journey. Book your tickets now at SM Cinema and "go up" to be part of the history! Visit https://bit.ly/ PAGIAIAGI heDownertaryASVO hema or get your tickets via SM Cinema app or SM Cinema ticket booths near you.

PAHALANG

1 Batid

5 Lagay ng panahon

10 Kubo

11 Bansa sa Asya

12 Gusto

13 Tipo ng dugo

14 Suyo

15 Rin 16 Simbolo ng silver

17 Minsan pa

18 Pantukoy

19 Alwan

22 Uri ng bangka 23 Nabuking

26 La Mesa_

28 Palaman sa tinapay

29 Taliwas ng out

30 Ms. Raymundo

31 Numero sa buwis

32 Midnight: pantitik 33 Layas

34 Itayo

36 Pelikula

Bato

38 Kotse ng tren na

pangkargamento **PABABA**

1 Huwag kalimutan

2 Tiyo 3 Luoy

4 Aprub: pabalbal

5 Taksi

6 Simbolo ng lithium

7 Iwaqlit 8 Param

9 Salitang pananong

11 Alalad

16 Pagdurugo 17 lyak ng sanggol

20 Ďati

21 Basar

22 Mr. Atienza

24 Indehistiyon

25 Bigwas

26 Wisik

27 Sombra

31 _ for tat

32 Mayroon

33 Asam

35 Turnover

SAGOT SA NAKARAAN

A Call for Transparency and Accountability - Investigate DOE Secretary Lotilla's Bias in favor of Aboitiz Power

Quezon City, Philippines - The Philippine Movement for Climate Justice (PMCJ) Cebu Chapter, along with allied organizations, is urgently calling for a comprehensive investigation into Department of Energy (DOE) Secretary Raphael Lotilla over grave misconduct and favoritism towards Aboitiz Power, specifically in the contentious approval of a third coal plant expansion under Therma Visayas Incorporated (TVI) in Toledo City, Cebu.

Last 18 July 2024, a formal complaint for Secretary Popo Lotilla of violating the Anti-Graft and Corrupt Practices Act (Republic Act No. 3019) The complaint details misconduct under Section 3(e), which penalizes public officials who cause undue injury to any party, including the government, or who give any private unwarranted benefits, advantage, or preference through manifest partiality, evident bad faith, or gross inexcusable negligence in the discharge of their official functions. Additionally, the complaint highlights concerns under Section 3(j) for knowingly approving or granting any license, permit, privilege, or benefit in favor of a person not qualified for or not legally entitled to such.

"The fact that Secretary Lotilla previously held a position within Aboitiz Power casts doubt on the impartiality of his decisions," said Atty. Aaron Pedrosa. "This is a clear case of regulatory capture that erodes public confidence in our government's ability to act in the public's best interest."

Lotilla Secretary compromised his position and the integrity of environmental governance showing clear favoritism towards Aboitiz Power, the parent company of TVI. This move not only defies the moratorium designed to protect public health and the environment but also exposes the DOE to potential regulatory capture, where corporate interests supersede public welfare. PMCJ also notes that financiers and investors in such coal projects are disregarding the global consensus and financial risks associated with continued investment in fossil fuels, given the international community's commitment to phasing out coal to meet climate targets.

Institutions like the Rizal Commercial Banking Corporation (RCBC) have already declared their commitment to stop funding coal projects, recognizing the severe environmental financial risks associated with these investments. As RCBC President Eugene Acevedo stated, "No more funding for dirty coal." This reflects a broader shift in the financial industry, aligning with global efforts to transition away from fossil fuels and towards sustainable energy solutions.

"We can no longer stand by while our communities suffer the consequences of coal pollution and climate change. This is a blatant disregard for our rights and a direct attack on the global effort to transition to clean, renewable energy," said Estela Vasquez, PMCJ Visayas Coordinator, where the controversial coal expansion threatens local lives and livelihoods.

The stakes are high not just for the residents of Toledo City, but for the entire country. Expanding coal-fired power generation at a time when the world is facing a climate crisis jeopardizes the future of humanity is totally insane. "This is unthinkable as this partiality of Sec Lotilla will hold hostage the future of the people," emphasized Ian Rivera, national coordinator of the Philippine Movement for Climate Justice (PMCJ). "Public officials must be held accountable when their actions favor corporate interests over the common good."

There is a scientific global consensus that coal plants must be phased out. IPCC Periodic Report 6 emphasized the peak of fossil fuel use is 2025. The United Nations and international environmental organizations have called for an urgent shift away from coal to renewable energy sources, emphasizing the critical need to meet climate targets and avoid catastrophic global warming. The expansion of the TVI coal plant is not just a local issue but a significant step backward in the global fight against climate change. Investors backing these projects are all aware of the financial risks of these projects as environment and health regulations will become more stringent to match the climate obligations. #InvestigateLotilla #NoToCoalExpansion

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DOST 1 awards 15 units of drying technology to CEST Beneficiaries in San Jacinto, Pangasinan

The Department of Science & Technology Regional Office 1 (DOST 1), through its Provincial Science & Technology Office (PSTO) - Pangasinan, awarded 15 units of Portasol, a Multi-Purpose Hybrid Solar Drying Tray, on August 6, 2024, to Community Empowerment thru Science & Technology (CEST) program beneficiaries in San Jacinto, Pangasinan.



Portasol is an aluminum thermal tray system that can be stacked up to ten tiers high, accommodating 150 kilograms of crops per drying cycle. This technology is recognized for its ability to prevent pests and enhance storage ventilation, incorporating breathing spaces among the multi-tiered stored grains. This design mitigates the risk of fungal mold, rot, and mildew, ensuring the high quality and marketability of the harvested produce.

AFP chief Brawner named 'honorary Navy Seal'

Armed Forces of the Philippines (AFP) chief, Gen. Romeo Brawner Jr., was named an honorary member of the Philippine Navy's elite force or 'Seal' after taking part in several specialized naval warfare exercises on Monday.

The military chief joined drills traditionally associated with Basic Underwater Demolition/ Seal (BUDS) training at the Naval Special Operations Command (NAVSOCOM) headquarters in Sangley Point, Cavite, the AFP said in a news release late Monday.

This included rigorous warm-up exercises, boat paddling, swimming, one-mile run, and firing of .45-caliber pistol and a sniper rifle.

The NAVSOCOM, known for its role in unconventional warfare,

PBBM ORDERS • 3



'HONORARY NAVY SEAL'. AFP chief Gen. Romeo Brawner Jr. joins the drills for the Navy Seals rites at Sangley Point, Cavite on Monday (Aug. 19, 2024). The specialized naval warfare drills include included rigorous warm-up exercises, boat paddling, swimming, one-mile run, and firing of .45-caliber pistol and sniper rifle. (Photo courtesy of the AFP)



Babiyahe na patungong Kawit ang Lingkod Pag-IBIG on Wheels! Bibisita ang Pag-IBIG Fund sa ating munisipyo sa August 28, simula 9:00 AM hanggang 3:00 PM para sa inyong registration, transaction, at iba pang katanungan. Maraming salamat, Pag-IBIG Fund para sa paglalapit ng inyong serbisyo sa ating Kawit! #RatedTripleA #PusoAtMalasakitParaSaAtingKawit #MayorAguinaldo

SUNDAY TRIBUNE

News Worth Knowing

VOLUME III • NO. 4 • AUGUST 25 - 31, 2024 • P10.00

Empowering Cavite Cooperative Leaders The Office of the Provincial Cooperatives Development Officer in partnership

The Office of the Provincial Cooperatives Development Officer in partnership with Cooperative Development Authority - Region IV-A, and the League of Cooperative Development Officers of the Philippines - Cavite Chapter, successfully conducted an eight-day training which run from July 24 to August 14, 2024 entitled, Capacity Development Seminar for Cooperative Development Officers: Training of Trainers Certification Course, held at different venues within the Provincial Capitol Compound in Trece Martires City.



Thirty (30) participating Cooperative Development Officers from the cities and municipalities of Cavite engaged in workshops, interactive discussions, and handson training sessions led by the trainers from the CDA Region IV-A.

After eight days of in-depth lessons and demonstration, they successfully completed the course and awarded with their certificates during the graduation ceremony on August 14. The event was joined by CDA IV-A Regional Director Salvador V. Valeroso, CRITS Senior Cooperative Specialist Head, Ms. Ivyrene Rose Panaglima, and LCDOP-Cavite Vice President, Mr. Generoso Ramos Jr.

Several outstanding participants were recognized for their exceptional performances. The top achiever in the Final Exam was Ms. Kristine Joy A. Nuestro from CICLEDO-LGU Imus while the top performers in the Return Demonstration were Ms. Dianne April V. Matel and Ms. Janice T. Burgos-Diesta from OPCDO-Cavite, and Ms. Rachel Beltran from LGU Bailen. The top overall performers were also recognized, with Ms. Kristine Joy Nuestro earning the 1st honor, Ms. **EMPOWERING • 3**



Heroes Deserve the Best! Get up to 30% OFF on select items at #WorldBalance stores and website from Aug 15-31. Don't miss your chance to grab these fantastic deals! Don't miss out!