

DOST provides temperature calibration services to RHU Manticao

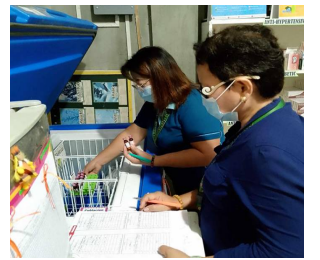
In support of Misamis Oriental's immunization programs, the Department of Science and Technology provided free temperature calibration services to the Rural Health Unit

(RHU) of the Municipality of Manticao held recently. Regional Metrology Laboratory staff Engr. Delwin M. Balanay Jr. and Engr. Shane Marie S. Clavano calibrated the thermometers or

temperature sensors of the three bio refrigerators, two refrigerators for laboratory specimens, one unit Freezer thermometer, one unit room thermometer, and 14 units of Vaccine Carrier Digital Thermohygrometers.

Calibrating the thermometers is crucial in ensuring the viability of specimens and the efficacy of the vaccines. RHU Manticao conducts vaccination for COVID-19 vaccines and the Routine National Immunization

Program for its different barangays. The total value of assistance provided to the LGU through these services amounted to Php 35,150.00. Dr. Eddy Paul L. **DOST•4**



SUNDAY TRIBUNE

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Bacoor LGU, LTO establishes first inter-connectivity program outside Metro Manila

BACOOR CITY, Cavite (PIA) – The city government of Bacoor, Cavite and the Land Transportation Office (LTO) signed a memorandum of agreement for the implementation of a pioneer interconnectivity system outside of Metro Manila.

The LTO-LGU Interconnectivity Program or the Single Ticketing System, plays a vital role in enforcing traffic laws, where real-time data from the LTO's database is now accessible through the handheld devices used by Bacoor's traffic enforcers.

Under the agreement, Bacoor's traffic aids can now issue On-the-Spot Traffic Violation Receipts (OVRs) that will be directly linked to the motorist's record with the LTO.

The integration ensures that demerit points are promptly assigned to the driver's license subsequently after committing a traffic violation.

According to LTO guidelines, drivers who have accumulated demerit points or traffic violation records are no longer eligible for the 10-year validity of driver's license and could face suspension or revocation depending on the severity and frequency of violation.

Mayor Strike Revilla together with Vice Mayor Rowena Bautista-Mendiola and other city officials signed the agreement on behalf of Bacoor, while Assistant Secretary Atty. Vigor D. Mendiza II – Regional Director Atty. Noreen Bernadette San Luis-Lutey represented LTO. **BACOOR•4**



TRABAHO PARA SA KAWITEÑO JOB FAIR: Congratulations sa mga kababayan nagkaroon ng bagong trabaho dahil sa ating Job Fair! Sa mga iba pa nating kababayang job hunter, abangan n'yo lamang po ang mga susunod na advisory sa ating fb page, sa page ni Konsi Armie, at sa page ng ating PESO Kawit, Cavite kung kailan ang susunod na Job Fair at iba pang job opportunities. Makakaasa rin kayo na patuloy tayong makikipagtulungan sa ating mga partner companies upang patuloy ding magkaroon ng oportunidad sa trabaho ang ating mga **#KumikitangKawiteño! #AlagangAngeloAguinaldo #RatedTripleA #PusoAtMalasakitParaSaAtingKawit**

Soldiers in waiting: The vital role of reservists in nation-building

When calamities strike or conflict arises, the government, specially the military, can tap reservists as a backup force in humanitarian and disaster response.



Former congressman and past director-general of the Philippine Economic Zone Authority (PEZA) Charito B. Plaza is a reservist. Plaza is a brigadier-general in the air force reserve force. She is the wing commander of the 1st Air Force Reserve Wing (AFWR). She also co-authored the legislative measure that became Republic Act 7077 or the Citizen Armed Forces Law. She explains, these citizen-soldiers form a crucial 80 percent of military manpower as **SOLDIER•5**

PGC Facilitates Capacity-Building Workshop for Provincial Council for the Elderly

The Provincial Government of Cavite, through the Office of the Provincial Social Welfare and Development Officer, organized a transformative Capacity Development event aimed at strengthening the Provincial Council for the Elderly (PCE). Held at Fynn Boutique Hotel in Bacoor City on March 7-8, 2024, the event brought together over twenty-five PCE members, including some Provincial Federation of Senior Citizens and Office of the Senior Citizens Affairs presidents across the province.

The event commenced with a warm welcome from Ms. Felipa G. Servañez, head of the OPSWDO, setting the tone for an enriching two-day program. The event featured insightful discussions led by resource speaker Mr. Wilfred B. Quezon, focusing on the vital roles and purpose of the Provincial Council for the Elderly.

Central to the discussions was the development of a strategic planning cycle, culminating in the formulating of a comprehensive 3-year action plan dedicated to enhancing the welfare and support systems for senior citizens in Cavite.

Also presented during the event was the exchange of best practices, programs, and services for senior citizens by the Federation of Military Retirees Association of Cavite Incorporated, as well as representatives from the local government units of the Cities of Bacoor and Imus.

On Day 2, the momentum continued with the presentation of workshop outputs and an engaging open forum, fostering collaboration and knowledge-sharing among participants.



In a message addressing the significance of the event, BM Romel R. Enriquez, Chairperson of the Committee on Social Services, Family, Women, Children, and Elderly, emphasized the commitment of the provincial

government to prioritize the well-being of senior citizens, underscoring the importance of such initiatives in ensuring a dignified and fulfilling life for the elderly population in Cavite. (OPIO)

DTI, PGL Provide Competitiveness Workshop for LGUs

Santa Cruz, Laguna — The Laguna Provincial Office of the Department of Trade and Industry (DTI-Laguna) and the Provincial Government of Laguna - Local Economic Development and Investments Promotions Office (PGL-LEDIPO) facilitated a seminar-workshop on Cities and Municipalities Competitiveness Index (CMCI) Five Pillar indicators on March 5, 2024, at the Cultural Center, Laguna Provincial Capitol, Santa Cruz, Laguna.

The workshop aims to maintain or improve the local and provincial competitiveness rankings of Laguna.

Laguna Provincial Planning and Development Coordinator Maria Rowena Inzon said

in her welcome message, "We do hope na tayo po ay magtanungan at magtulungan upang mapanatili ang ating competitiveness ranking sa CMCI (We do hope that we would help each other in able to keep our

CMCI competitiveness ranking".

Laguna has been dubbed as the 3rd Most Competitive Province in the Philippines during the 2023 Philippine Creative Cities and Municipalities Competitiveness Congress.

On behalf of DTI-Laguna Provincial Director Christian Ted Tungohan, Business Development Division Officer-in-Charge Abi del Mundo graced the event. Del Mundo congratulated Laguna LGUs and promised the continuous support of DTI-Laguna on the whole CMCI process.

DTI Region 4A focal person Christine Querubin facilitated the discussion on the following topics: (1) CMCI Overview; (2) CMCI Portal; (3) Five Pillar indicators; (4) Data Analysis; (5) Scoring and Ranking; and (6) Performance Assessment.

The CMCI rankings of cities and municipalities are based on their scores on five pillars: Economic Dynamism, Government Efficiency, Infrastructure, Resiliency, and Innovation. Provincial rankings are based income weighted average of the overall scores of cities and municipalities under a province (LMDBayunggan, DTI-Laguna).



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China accelerates building of new quality productive forces

China will strive to modernize the industrial system and develop new quality productive forces at a faster pace, according to a Government Work Report submitted on March 5 to the national legislature for deliberation.



Buildings rise in the Pazhou artificial intelligence and digital economy pilot zone.

GUANGDONG

The country will consolidate and enhance its leading position in industries such as intelligent connected new energy vehicles, step up development of hydrogen power, new materials, innovative drugs, and other cutting-edge sectors, according to the report.

Recently, local governments across China have been outlining their "roadmaps" to foster the development of new quality productive forces at local "two sessions" meetings, the annual meetings of provincial-level lawmakers and political advisors.

Beijing is actively building an international science and technology innovation center. Anhui province is accelerating the development of three major science and technology innovation hubs in quantum information, fusion energy, and deep space exploration.

Moreover, Heilongjiang province is implementing

digital transformation in manufacturing, empowering small and medium-sized enterprises with digital capabilities, and promoting pilot demonstration projects in intelligent manufacturing.

What do "new quality productive forces" mean?

The term refers to contemporary advanced productive forces that are generated by revolutionary technological breakthroughs, innovative allocation of production factors, and in-depth transformation and upgrading of industries. It takes the qualitative change of laborers, labor materials, labor objects and their optimal combination as the basic connotation, and the improvement of total factor productivity as the core indicator.

Technological innovation can give rise to new industries, new models, and new driving forces, which are the core elements for developing new quality productive

forces.

In 2023, generative artificial intelligence (AI) emerged as a shining star in the tech world. By the end of 2023, China had released over 200 large AI models, with more than 20 of them approved to provide services to the public.

Most of the large models available to the public are general-purpose foundational models. Their greater competence is to empower intelligent industrial production and accelerate the development of new quality productive forces.

Liu Qingfeng, chairman of China's leading AI and speech technology company iFLYTEK, noted that generative AI is one of the most significant technological innovations in recent decades. It has the potential to change the ways of content production, human-computer interaction, traditional business models, and the structure and competition pattern of



Intelligent robotic arms work in a workshop of a new energy vehicle manufacturer in Ganzhou, east China's Jiangxi province. (Photo by Zhu Haipeng/People's Daily Online)

industries. A well-planned layout of industrial chains can effectively support the enhancement of new quality productive forces by optimizing resource allocation.

As a representative of new quality productive forces, the low-altitude economy has become an important direction for cultivating new momentum for development.

Today, China has developed a relatively complete industrial chain of the low-altitude economy, which has generated agglomeration effects.

Taking Shenzhen in Guangdong province as an example, by the end of 2023, it has gathered more than 1,700 unmanned aerial vehicles (UAV) companies with an annual output value of 96 billion yuan (\$13.34 billion). Chinese civil UAV manufacturers, represented by DJI, are strongly competitive in the global market.

According to a DJI executive, DJI's success benefited from the supporting and well-developed industrial chain in Shenzhen. With the continuous improvement of the entire Pearl River Delta's electronic consumer goods industrial chain, DJI's production capacity has been further strengthened.

To develop new quality productive forces, it is necessary to promote the digital economy, facilitating the deep integration of the digital economy with the real economy.

In recent years, new technologies such as big data, the Internet of Things, and new energy have been widely applied in the transportation

industry, expanding the scope of intelligent transportation applications.

Anhui Transport Consulting & Design Institute Co., Ltd. (ATCDI) developed a design system that automatically generates drawings for commonly used bridge structures. The system has been in operation for over a year and has generated more than 7,400 drawings, significantly reducing the workload of frontline designers.

"Fostering new quality productive forces in the field of engineering information technology, such as intelligent manufacturing, digital design, as well as 3D laser scanning and inspection, can enable us to build bridges and roads more efficiently, thus better benefiting the people," said Nie Wenhua, deputy director of the ATCDI digital innovation center.

Currently, some regions in China are focusing on the building of industrial chains for new quality productive forces, so as to enhance the resilience and security of industrial and supply chains.

The municipal government of Beijing has proposed to promote the high-quality development of the new energy vehicle industry and actively establish industrial chains of key components, such as motors, batteries, electronic controls, and automotive-grade chips.

The government of Shandong province said that it would carry out actions to promote the high-quality development of iconic industrial chains. It would implement 100 major scientific and technological innovation projects in fields such as integrated circuits and

industrial machinery.

Some regions are working to remove barriers and bottlenecks that hinder the development of new quality productive forces, and have made innovative allocation of production factors a key focus of their work this year.

The government work report of Liaoning province proposed to promote the integrated development of strategic emerging industries such as new materials, aerospace, low-altitude economy, robotics, biomedicine and medical equipment, new energy vehicles, and integrated circuit equipment.

Jiangsu province said in its government work report that it would focus on future industries and explore new sectors such as future networks, quantum technology, life science, hydrogen energy and new energy storage, as well as deep-sea, deep-earth, and aerospace exploration.

Accelerating the formation of new quality productive forces also relies on the development of human resources.

A program on cultivating high-skilled talents, jointly implemented by the Ministry of Human Resources and Social Security and six other departments, noted that China will cultivate leading talents in key industries such as advanced manufacturing and modern services, focusing on major strategies, major projects and key industrial needs of the country. China will strive to cultivate over 15,000 new leading talents and drive the addition of around 5 million high-skilled talents within approximately three years. (By Yang Junfeng)



SM Cares celebrates 20 years of #SupportingCommunities! In SM Supermalls, we believe in learning, growing and giving back as part of our #SMLife. For Employee Appreciation Week, 1,512 individuals and 196 watch parties joined a hybrid event, "Beyond the Office: An Employee Volunteer Appreciation Hour" to listen to the stories of SM Cares Program Directors, take pride in the impact of flagship programs through the years, recognize pioneer employee volunteers, and call on more employees to be part of SM Cares advocacies.

DOST...

(FROM PAGE 1)

Mallillin, the Municipal Health Officer, thanked DOST. "We appreciate and are grateful to DOST 10 for considering and accepting our request. Ensuring and maintaining vaccine efficacy is one of our priorities. In addition, we always make sure that our equipment is calibrated annually. With this, we are confident in our storage equipment and monitoring."

This activity aligns with DOST's four pillars:

promoting human well-being to every Filipino in the country. This corresponds to Sustainable Development Goal 3, Good Health and Well-being, which ensures healthy lives and promotes well-being for all ages.

DOST 10, through its Regional Standards and Testing Laboratory (RSTL), offers calibration services for measuring instruments in different parts of the region. DOST also offers chemical and

microbiological testing of water, food, swab samples, and food shelf-life studies. Interested companies and LGUs can send a letter of request/intent to DOST 10 Regional Director, Engr. Romela N. Ratilla, through the RSTL manager, Engr. Frumencio B. Quiblat, Jr. The LOIs may be forwarded to ord@region10.dost.gov.ph. **(Delwin M. Balanay Jr./DOST 10) #ScienceForThePeople #OneDOST4U**

Bacoor...

(FROM PAGE 1)

Asec. Mendiza delivered the message on behalf of Transportation Secretary Jaime Bautista, where the secretary noted that the digitization of government processes is in line with the mandate of President Ferdinand R. Marcos Jr., under the Bagong Pilipinas brand of governance.

"The Department of Transportation, through the Land Transportation Office, intends to streamline traffic violations and fines throughout the country by institutionalizing this system.

This is also a part of President Ferdinand Marcos Jr.'s program of digitalizing government systems and processes to establish better interconnectivity among

agencies," the statement reads.

LTO believes that the single-ticket system will bring convenience and improve compliance for motorists, and will lessen the corrupt practices of some traffic enforcers.

"We can see that the single-ticketing system will bear many benefits, not just for the local governments but for motorists as well. In this way, we can fight corruption and the wrongdoings of motorists who test our traffic enforcers, and the traffic enforcers who don't have integrity," Mendiza added.

Meanwhile, Revilla said that the program will expedite the process of delivery services to motorists in the city and will establish a more

efficient system for paying fines and other traffic-related transactions which promotes transparency and efficiency.

"The LTO-LGU Interconnectivity program not only streamlines the ticketing process but also introduces a more accessible approach for violators to pay fines online, thereby reducing the inconvenience of physical transactions," the local chief executive said.

Once implemented, the DOTr and LTO said that the local single-ticketing system of Bacoor may become the model of observation for the future implementation of the same traffic system to other cities and municipalities nationwide. **(RF/PIA-Cavite; with reports from Bacoor City Information Office)**

Nena's Diner...

(FROM PAGE 8)



"Our ample parking space, which is a rarity in dining locations in Imus City, is a plus," Geluz added.

Open every Tuesday until Sunday, from 3:00 to 9:00PM, the venue, which has an enclosed and air-conditioned function room that could fit in some 30pax, is also open to accept meetings or parties, "with minimum consumable tab of five thousand pesos (Php5,000.00)," adds Geluz.

On weekends, the venue oozes with acoustic vibes and they will soon release their weekday promos and other special activities for kids and those young at heart this summer.

To try out their Chicken Galantina (must pre-order though, at least 2 days lead time), or reserve in their restaurant, you may message or call Nena's Diner through mobile +639069357237 or check out their official Facebook page: <https://www.facebook.com/lolanenascocina>.

SP Zubiri...

(FROM PAGE 8)

will also complement the Heinous Crimes Facility Act that was passed in the 18th Congress and has obtained funding this year.

"With that supermax facility in Mindoro, we hope to decongest our jails, and we hope to establish a better managed penitentiary system that will help low-level offenders have a truly rehabilitative time in prison, away from the influence of high-level offenders," Zubiri noted.

He also mentioned that the committee report for the BFP and BJMP Rank Classification Act is out and is ready for plenary

debates.

Apart from legislation targeting institutional improvement, Zubiri said the Senate is also working on bills that will help with the arms procurement of the police force, namely the amendments to the Government Procurement Reform Act and the Self-Reliant Defense Posture Act.

"The SRDP Act, in particular, is very important to me, because I believe that we should be able to produce our own defense needs, on our own time - instead of relying on our foreign allies for the bulk of our arms procurement," he declared.

The PNP can also look forward to the PNP

Forensic DNA Database Act, which Zubiri believes will revolutionize criminal investigation procedures and keep the country at par with global standards in forensic sciences and practices.

"As you can see, the Senate is all in with our support for the PNP and its partner agencies. We value deeply your great selflessness and sacrifice, and we recognize your work to be foundational to our country's growth. We cannot, after all, pursue progress without first securing peace," Zubiri said.

"And so the Senate is always here to work with you in our shared responsibility of engendering genuine and lasting peace in our communities and in the country." **(PIA-NCR)**

Celebrating...

(FROM PAGE 8)

requirements and appropriate certification and licenses.

Rockwell Enterprises availed the DOST-Small Enterprise Upgrading Program (SETUP) in 2017 to meet customers' demand for high-quality portable fire extinguishers.

Through the project "Upgrading Technology on Fire Extinguisher Manufacturing," SETUP infused P 1.2M innovation-enabling fund. The funding support allowed the firm to procure a carbon dioxide refilling machine, a dry chemical powder filling machine, a hydrostatic testing machine model, and a cylinder dryer.

The STI intervention allowed the enterprise to serve more satisfied clients, such as private offices, government institutions, and other institutional partners within and outside Albay province. The sales from various products and service offerings translated to more than

triple their income before the intervention.

More importantly, the firm has maintained its employees and even generated additional workforce to support its business operations.

Thus, DOST V - PSTO Albay recognized the firm as the 2021 Provincial Winner of the SETUP Praise Award for SETUP cooperators in Albay.

As a woman leader, Jarque has steered the company to redefine and navigate new paths as it diversified its product and service offering on Disaster Risk Reduction and Management (DRRM). The company became the first to adopt the Tsunami Early Warning System - Alerting Station, a DOST-ASTI developed technology.

The company is the first successful Fairness Opinion Report (FOR) transaction in Bicol facilitated by distinguished and expert members of the Fairness Opinion Board (FOB) with DOST V

Regional Office as the board's secretariat.

Staying true to its safety advocacy, Jarque visited various Local Government Units (LGUs), government offices, and the private sector to facilitate public education and awareness of risks and warnings and ensure the safety and protection of the community.

The TEWS -Alerting Stations are now installed in various strategic locations in Bicol and parts of Visayas and are now reaching Mindanao with the purchase order from MOST-BARRM.

The firm is also the first successfully-assisted project in Bicol under the DOST-TAPI's Purchase Order Financing Program.

After 48 years, just two years shy from the firm's golden anniversary, Jarque still has a greater vision for the company. The firm recently had another Technology Licensing Agreement to manufacture DOST-ITDI developed technology, SAFEWTRS: Emergency Disinfection System of

Drinking Water. The firm plans to adopt another DOST-developed technology for flood early warning devices and other related technologies. "The firm is entering an exciting era with its continued thrust for potential collaboration and cooperation with government institutions such as the DOST system," Jarque added. She concluded that hard work and passion are necessary to keep that fire burning in business.

Rockwell Enterprises is a fine example of how the gains of science, technology, and innovation can lead to continued business enterprise growth when put to good use. Likewise, the firm demonstrated high-level trust in the capabilities of our local scientists and researchers to churn out products that not only provide additional income to the enterprise but serve communities as well.

Indeed, the connection between science and society is getting more and more real.

EXTRA-JUDICIAL SETTLEMENT OF BANK DEPOSIT OF THE LATE GERARDO DELFIN IGOT

NOTICE IS HEREBY GIVEN TO THE PUBLIC THAT This Deed made and executed by and among: 1. DORINA P. IGOT, widow; 2. GLENN P. IGOT, single; and; 3. GRETHIL P. IGOT, single; all of legal ages, all Filipino citizens and all residents of Black 6, Lot 19, Phase 2, Ciudad Nuevo, Brgy. Timalan Balsahan, Naic, Cavite, hereby: DECLARE AND MAKE MANIFEST: 1. THAT, we are the only legitimate heirs being the wife and children of the deceased, **GERARDO DELFIN IGOT**, who died on July 6, 2020 at Santa Rita, Samar (Western Samar); 2. THAT, at the time of his death, the deceased was a resident of Naic, Cavite and died without any obligation to any person or persons and died without any will; 3. THAT, the deceased, **GERARDO DELFIN IGOT** left a Bank Deposit in Land Bank of the Philippines, Mandaluyong City branch a peso savings account under **Account No. 0556-1425-21** amounting to **One Hundred Fifty Thousand Five Hundred Pesos (Php 150,500.00)**; 4. THAT WE, hereby divide and adjudicate as we have hereby divided and adjudicated among ourselves the above-described Bank Deposit including all our interests and participation, equally, Pursuant to Sec. 1 Rule 74 of the Revised Rules of Court. This has been the subject of EXTRA-JUDICIAL SETTLEMENT OF BANK DEPOSIT OF THE LATE GERARDO DELFIN IGOT duly executed on the 7th day of March 2024 at Naic, Cavite by the Heirs before Notary Public **Atty. Jose A. Mendoza**, as per Doc. No. 160, Page No. 33, Book No. XXIII, Series of 2024.

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Adjusted Medical and Procedure Case Rates

PhilHealth Circular No. 2024-0001
Rules for Adjusting Case Rate

PhilHealth informs all its accredited healthcare providers, PhilHealth Regional Offices, and all concerned of the new schedule of rates as the basis for claims reimbursement under All Case Rates (ACR) in line with PhilHealth Circular No. 2024-0001, "Rules for Adjusting Case Rates." The adjusted medical and procedure case rates (Annex A and B) and the list of excluded benefits (Annex C) can be accessed at www.philhealth.gov.ph

For the information and guidance of all concerned.

(Sgd.) EMMANUEL R. LEDESMA, JR.
President and Chief Executive Officer (PCEO)
Date signed: February 26, 2024



THE FUN NEVER STOPS AT SM CITY MOLINO! SM CITY MOLINO - Where the sun goes down, and the fun goes up! Gather your family & friends and let's create wonderful memories together! Your ticket to happiness is here at SM City Molino's Sunset Fun Park at the Roofdeck!

Soldiers...

(FROM PAGE 1)

mandated by the Constitution and the Reservist's Law. Their selfless service demonstrates the essence of shared duty for national defense and resiliency.

Plaza is among the Founding Reservists and Wing Commander of the entire Mindanao 3rd Air Force Wing Reserve and later, the 7th Air Force Wing Reserve where she was actively involved in disasters, calamities, and emergency responses.

"First, let us organize, train, and fully equip the LGUs, national government agencies, and private companies to become

effective responders during disasters, calamities, emergencies, and in nation-building. Second, let us help in fostering peace and prosperity not only [in] Metro Manila, but the entire country," she said.

The official also mentioned the importance of the Reservist Program citing that "under the Reservist Law RA 7077, the Armed Forces and its Affiliated Reserve Units of various government agencies and private utilities can be called by the President of the Republic of the Philippines who is the Commander-in-Chief

in times of disasters, calamities, emergencies, and war to achieve and maintain peace, order, security and stability in times of distress."

Whether soldiers in uniform or civilians with specialized skills, reservists stand ready to augment the regular Armed Forces in diverse missions. They preserve peace and order when disasters disrupt communities. They safeguard lives and property when storms batter the islands. They uphold security when violence and extremism threaten society.

As of June 2023, the AFP has 150,000 active-duty personnel and about

1.2 million reservists.

In times of need, reservists embrace the calling because they understand service as an obligation of citizenship.

Their technical expertise and local roots make them force multipliers, expanding response capacity while bridging communities with government aid.

Whether coordinating relief distribution after a typhoon, assisting evacuation during volcanic eruptions, or supporting conflict reduction in hotspots, reservists act with speed, empathy and sacrifice.

This expansive participation reflects democratic ideals. Filipinos from all walks of life can contribute to the common good through active public service.

Doctors heal the wounded alongside military medics. Engineers repair infrastructure alongside construction battalions. Business leaders provide logistics and volunteers. Youth assist and learn.

And women like General Plaza herself champion inclusion and empowerment within traditionally male-centric security services.

When women lead in uniforms, when mothers serve alongside daughters, they inspire the nation and open doors to a new generation.

Incidentally, Proclamation No. 340 signed by President Benigno S. Aquino III declares that the celebration of the ROTC Month shall be observed annually during the month of March.

For those interested to join the reserve force, you may directly inquire with the following Reservist and Retiree Offices and Reservist Commands to know more:

OJ9, Armed Forces of the Philippines

Deputy Chief of Staff for Reservist and Retiree Affairs, J9, Armed Forces of the Philippines GHQ, Camp Aguinaldo, Quezon City

OG9, Philippine Army Office of the Assistant Chief of Staff for RRA, OG9, Philippine Army, Fort Bonifacio, Taguig City

OA9, Philippine Air Force

Office of the Assistant Chief of Air Staff for RRA, OA9, Philippine Air Force, Col. Jesus Villamor Air Base, Pasay City

ON9, Philippine Navy Office of the Assistant Chief of Naval Staff for RRA, ON9, 2nd Floor, OESPA Bldg., Naval Station Jose Francisco, Fort Bonifacio, Taguig City

AFP Reserve Command AFP Reserve Command, Armed Forces of the Philippines GHQ, Camp Aguinaldo, Quezon City; Phone number: (02) 8911-

6001, local 4656 or 4493 Army Reserve Command

A R E S C O M Headquarters, Camp Regio de Dios, Tanza, Cavite

Air Force Reserve Command

AIR RESCOM Headquarters, Clark Air Base, Pampanga

Naval Reserve Command

N A V R E S C O M Headquarters, Cabildo Street, Intramuros, Manila

Hardships endured together forge civic unity and national resilience.

While the Armed Forces regulars represent the sharp tip of the spear, reservists form the shaft that gives it strength and balance - ordinary citizens rising to the extraordinary through their collective spirit of "malasakit" (compassion for others) and "bayanihan" (mutual support).

In both disaster response and conflict resolution, the Reservist Force multiplies capability with the will of the people.

They embody the essence of shared security - that the safety of all rests upon the active collaboration between government and an engaged citizenry. Their selfless service secures the nation now, while renewing the wellspring of vigilance and preparedness for generations to come. They are all soldiers in waiting. **(AVS/PIA-NCR)**



Brigadier General Charito B. Plaza receives a plaque of appreciation from the PIA Directorate for discussing the backgrounder on joining the Reservists Program of the Armed Forces of the Philippines. (L-R) PIA Asst. Director General Allan Vincent Lorenzo, PIA Asst. Director General Tadeo Culla, BGen. Plaza, PIA Deputy Director General for Admin and Finance Wilson Buerano and PIA-NCR Regional Director Emver Cortez. (Photo by Nonette Castillo/PIA-NCR)

POC Golf Cup legislators' edition tees off March 13

At least 40 legislators from the House of Representatives are joining the Philippine Olympic Committee (POC) Golf Cup II on Wednesday at the Valley Golf and Country Club in Cainta, Rizal.

"We're very happy that this POC Golf Cup legislators' edition will be attended by congressmen and congresswomen who are very passionate about golf and sports and are very enthusiastic in helping our national athletes," POC President Abraham "Bambol" Tolentino said in a statement released to the media on Tuesday.

The tournament aims to boost the National Athletes' Trust Fund, which provides incentives and bonuses to athletes who will win medals at the Paris Olympics this July and August.

Following the

qualification of boxers Nesthy Petecio and Aira Villegas in Italy on Monday (Tuesday in Manila), the Philippines now has six athletes going to the Paris Summer Games. The others are pole vaulter Ernest John "EJ" Obiena, boxer Eumir Felix Marcial and gymnasts Carlos Yulo and Aleah Finnegan.

Among the early birds are Isabela's Fifth District Rep. Mike Dy, Leyte's Fourth District Rep. Richard Gomez and Cavite's Eighth District Rep. Maniela Tolentino.

"We're very thankful to House Speaker Martin Romualdez for helping our

initiative for our athletes, especially for those who will compete in the Olympics and bring home pride for our country," Tolentino said.

Under his leadership, the POC has consistently awarded cash bonuses to medalists at the Tokyo 2020 Olympics, Hangzhou 19th Asian Games and the Cambodia and Vietnam Southeast Asian Games.

Tee off is 7 a.m. and the awarding ceremony will be held before noon.

The Luisita Golf and Country Club in Tarlac was the venue of the first POC Golf Cup last Nov. 27. (PNA)



GOLF TOURNAMENT. Philippine Olympic Committee (POC) President Abraham "Bambol" Tolentino. The POC will hold a golf tournament for legislators on Wednesday (March 13, 2024), at the Valley Golf and Country Club in Cainta, Rizal. (PNA photo by Jesus Escaros)

Former World No. 1 Halep's 4-year doping ban reduced to 9 months

ANKARA – The Court of Arbitration for Sport (CAS) on Tuesday reduced former Grand Slam women's champion Simona Halep's four-year doping ban to nine months.

"The CAS Panel has unanimously determined that the four-year period of ineligibility imposed (on Halep) by the ITF (International Tennis Federation) Independent Tribunal is to be reduced to a period of ineligibility of nine (9) months starting on 7 October 2022, which period expired on 6 July 2023," according to a statement by the international sports court.

The CAS ruled that Halep, 32, had not intentionally taken Roxadustat – an anti-anemia medication that stimulates the production of red blood cells, but it was banned by the World Anti-Doping Agency.

The former world No. 1 tested positive for Roxadustat at the 2022 US Open and was provisionally suspended in October 2022.



BACK IN THE GAME. Former Grand Slam champion Simona Halep will soon see action after the Court of Arbitration for Sport (CAS) reduced the four-year doping ban imposed on her. The court granted her appeal Tuesday, allowing her to immediately return to the game. (Anadolu)

The International Tennis Integrity Agency (ITIA) said in September 2023 that she was charged with two separate breaches of anti-doping rules – one for testing positive for Roxadustat and another for "irregularities in Halep's Athlete Biological Passport (ABP)."

Halep filed an appeal in September and CAS' ruling Tuesday allows Halep to immediately return to the game.

Halep clinched two Grand Slam singles titles – the first at the French Open in 2018 and at Wimbledon the following year. (Anadolu)

Kazakhstan rules artistic swimming in Asian Age Group Championships

CAPAS, Tarlac – Kazakhstan scooped five more gold medals Wednesday night to rule the artistic swimming competition in the 11th Asian Age Group Championships at the New Clark City Aquatic Center here.

Artyom Tomchishin and Zhansaya Shaukenova scored 124.7625 points to beat teammates Zhansaya Abdykadyr and Svyatoslav (99.3708) for the gold medal in the mixed duet 12 and under event.

Kazakhstan also ruled the mixed team 12 and under, 13-15, junior 15-19 and mixed acrobatic junior 15-19 to finish with 16 medals, including six silvers and one bronze, in the tournament organized by Philippine Aquatics, Inc. and supported by MVP Sports Foundation, Pinay In Action, Philippine Olympic Committee, and the Philippine Sports Commission.

China placed second with three golds, four silvers, and one bronze followed by Uzbekistan (2-2-6), Thailand (1-3-2), Japan (1-0-0), Singapore (0-1-2), and Malaysia (0-0-1).

Dayana Jamanchalova, a 15-year-old from Karaganda City, bagged four golds --



ARTISTIC CHAMPS. Kazakhstan's Dayana Jamanchalova (front row, extreme right) and her teammates sing their national anthem during the awarding ceremony of the 11th Asian Age Group Championships at the New Clark City Aquatic Center in Capas, Tarlac on March 6, 2024. She collected four gold medals to lead her team won the overall artistic swimming competition. (AAGC photo)

Japan bags men's water polo gold in Asian Age Group tourney

CAPAS, TARLAC – Japan defeated Iran, 17-13, in the final of the 11th Asian Age Group Championships men's water polo competition at New Clark City Aquatics Center here Saturday night.



BEST. The Japan men's water polo team climb the podium after ruling the 11th Asian Age Group Championships undefeated at New Clark City Aquatics Center in Capas, Tarlac on Saturday (March 9, 2024). Japan beat Iran, 17-13, in the final. (AAGC photo)

Skipper Kai Inoue, who earned the Most Valuable Player award, and Sota Hombe scored four goals each for the Japanese squad, which played solid defense to claim the championship with a 6-0 record.

Japan's women's team also had an unbeaten run to the gold, capped by a 24-6 whipping of Uzbekistan prior to the men's matches.

"We are happy to win the gold medal," coach

Shota Hazui, who played in the Olympics and Asian Games, said.

Hazui also served as assistant to coach Yoshinori Shiota during the 2024 World Aquatics Championships in Qatar.

Before winning the finals, Japan beat China (14-11), Saudi Arabia (23-5), Thailand (26-8), Uzbekistan (32-13) and Kazakhstan (20-10).

Iran, on the other hand, beat Malaysia (34-3), Sri Lanka (34-0), Kazakhstan (12-10), Singapore (19-8)

and China (7-5).

Meanwhile, Kazakhstan defeated China, 7-4, to settle for the bronze medal in the tournament supported by the MVP Sports Foundation, Pinay In Action, the Philippine Olympic Committee and Philippine Sports Commission.

Singapore downed Uzbekistan, 15-10, to finish fifth while Saudi Arabia nipped Malaysia, 14-13, for seventh place. (PNA)

solo, duet (with Sofiya Ichshenko), mixed duet and free combination in the 13-15 category – an achievement she never expected.

"This is my first time in the Asian Age Group Championships. I am very happy for winning four gold medals, I did not expect this," said the Grade 10 student who had competed at the World League in Dubai, the UAE last year.

The 5-foot-6 Jamanchalova said the team trains six hours – two in the morning and four in the afternoon -- from Monday to Saturday.

In water polo, Iran dournd Singapore 19-8 for its fourth win in the men's division. Japan rolled to its fourth win at the expense of Singapore, 26-6, in the women's division. Other matches saw China prevailing over Kazakhstan, 14-9, and Uzbekistan pulling off a 31-6 win over Sri Lanka. (PNA)

DOST- PHIVOLCS conducts GeoRiskPH training to boost disaster resilience of NorthMin LGUs

In its continuous effort to boost disaster resilience through science, technology, and innovation, the Department of Science and Technology—X (DOST), together with DOST—Philippine Institute of Volcanology and Seismology (PHIVOLCS), conducted a two-day training for local government units (LGUs) on applying GeoRiskPH and its platforms to their Disaster Risk Reduction Management (DRRM) plans.



The training, conducted on February 27-28 at the VIP Hotel, Cagayan de Oro City, was attended by 31 LGUs from various parts of the region for a total of 70 participants.

GeoRisk PH is a multi-agency initiative led by the DOST PHIVOLCS. It aims to provide protocols and platforms to share hazards, exposure, and other risk information to help people, communities, local governments, and national agencies prepare and plan to reduce the risks from natural hazards.

Eight LGUs in Bukidnon actively participated in the training: Kalilangan, Malitbog, San Fernando, Malaybalay City, Manolo Fortich, Pangantucan, Talakag, and Valencia City.

Meanwhile, on the island of Camiguin, the Provincial Government was represented by Annie D. Cesar and Mark Philipp A. Sabuero and LGU M a m b a j a o representatives, John Edrev P. Waminal and Angelita A. Sabuero participated in the training. In Lanao del Norte, Elkie C. Buctolan of the Provincial DRRMO participated in the said training.

In Misamis Occidental, ten LGUs attended: Sinacaban, Oroquieta, Concepcion, Aloran, Sapang Dalaga, Clarin, Plaridel, Don Victoriano, and Lopez Jaena MDRRMO.

A representative from the Provincial DRRMO, Joey F.

Ampong and Kevin Van Dyke L. Lagudas have also participated.

Misamis Oriental has 11 LGU attendees: El Salvador, Gingoog, CDO, Manticao, Opol, Salay, Binuangan, Libertad, and Talisayan MDRRMO. The Provincial DRRMO also attended the training.

The GeoRiskPH is envisioned as the Philippines' central source of information for accurate and efficient hazards and risk assessment to help the government increase the nation's resilience to natural hazards.

DOST aims for this innovation to help LGUs efficiently assess hazards and risks. Adopting and using GeoRiskPH will also improve data collection, sharing, and analysis, supporting data-informed planning and decision-making.

"GeoRiskPH is a world-class technology, so the Philippines is privileged to have and use this," said Mr. Nicole Jean L. Mercado, one of the trainers at the event.

Trainers are from DOST-PHIVOLCS under the supervision of Director Teresita C. Bacolcol, Ph.D.

Nico Mercado is a licensed professional geologist and a Science Research Specialist I. As part of the GeoRisk Philippines Initiative, he conducts and facilitates lectures and training for NGAs, LGUs, and NGOs on the use of different GeoRiskPH Platforms.

Mr. John Harold Tabuzo is a licensed geologist and the Information Technology Officer of the GeoRiskPH Initiative.

Trisha Marie Morado is a licensed Geodetic Engineer and is currently a Science Research Specialist I. Her responsibilities in GeoRiskPH include conducting GIS and remote sensing-related research, performing hazard assessments, and delivering lectures to capacitate LGUs, NGAs, and NGOs on the use of GeoRiskPH Platforms.

Ms. Shania Bagaforo is a licensed geologist and works under the project entitled 3D Earth Risk (3D Philippines Program) as a Project Science Research Specialist II.

Alicia Rose Advincula is a licensed geodetic engineer and works under GeoRiskPH as a Project Technical Aide VI. Her responsibilities include assisting in research projects and creating GeoMapperPH Exposure Data Mapper web applications.

The training included lectures on the features of the innovative platforms that are essential for LGUs in conducting risk assessments in their local area, data sharing and analysis, and data-informed planning and decision-making. This was followed by a hands-on activity for the participants to assess their learnings further.

Among the participants was Engr. Romel C. Lonoy, LDRRM Officer V of Opol, Misamis Oriental. He thanked DOST X and DOST-PHIVOLCS and expressed interest in attending a Training of Trainers (TOT) on GeoRiskPH in the region.

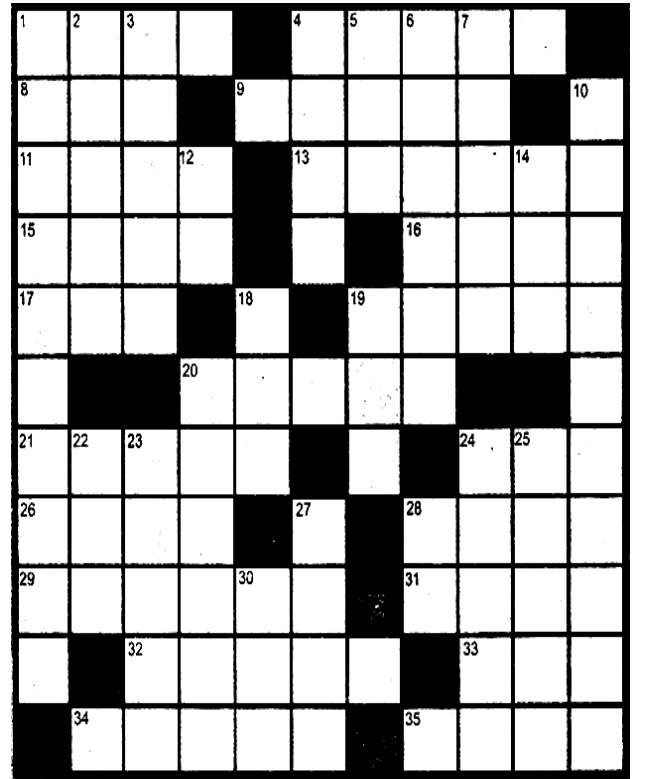
"The technology is very nice and well-developed, but we can't fully share it with the whole Region X as the participants are limited.

The purpose of the planned TOT is to share with all municipalities in Region X so that if one municipality requests GeoRiskPH training, we have a team within Region X already that we can send to coach with minimal supervision from DOST-PHIVOLCS hence a faster response," he said.

The training on using the GeoRiskPH platforms is one of the agreements in the MOU signed between the respective LGUs and DOST to commit to the goal of a more resilient Mindanao during the Handa Pilipinas: Innovations in Disaster Risk Reduction and Management Exposition Mindanao Leg In October 2023.

For interested agencies and LGUs, you can send your requests to DOST 10 Regional Director, Engr. Romela N. Ratilla, DPA at ord@region10.dost.gov.ph. **(Jhanna Dawn Apal/ DOST 10).** #ScienceForThePeople #OneDOST4U

PALAI SIPAN



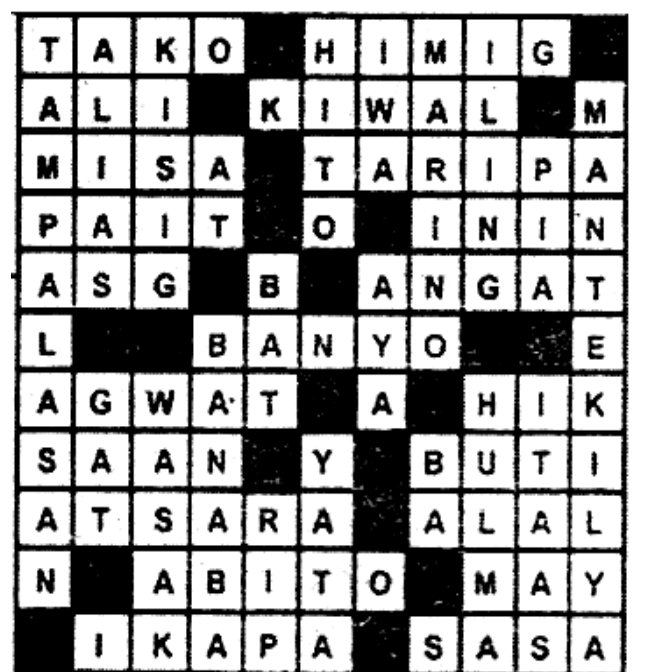
PAHALANG

- 1 Gamit ni Bata Reyes
- 4 Himno
- 8 Mall
- 9 Usad na pa- zigzag
- 11 Seremonya sa Simbahan
- 13 Talaan ng buwis
- 15 Saklap
- 16 Luto ang sinaing
- 17 Abu Sayyaf Group
- 19 Alsa
- 20 Silid-paliguan
- 21 Distansiya
- 24 Bulalas ng lasing
- 26 Pagtatanong sa lugar
- 28 Inam
- 29 Buro
- 31 Pinong kilil
- 32 Sutana
- 33 Buwan sa kalendaryo
- 34 Isalat

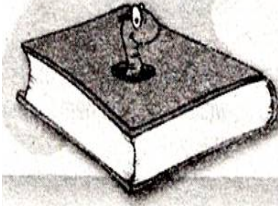
35 Nipa

- PABABA**
- 1 Buhong
- 2 Bansag
- 3 Kaguwapuhan
- 4 Isda sa putikan
- 5 Sugat
- 6 Mandaragat
- 7 Senyas ng pag- ayaw
- 10 Kauri ng margarin
- 12 Pangatnig
- 14 Ms. Guanio
- 18 Pamalo ng bola
- 19 Ms. Medel
- 20 Dahong medisinal
- 22 Andres Bonifacio
- 23 Giba
- 24 Hugis
- 25 Ituktok
- 27 Marahil
- 28 Simbolo ng barium
- 30 Titik sa lapida

SAGOT SA NAKARAAN



Dagdag
Kaalaman



Ang middle name ng singer na si Beyonce ay Giselle.



SP Zubiri assures PNP of legislative support from Senate

Senate President Juan Miguel "Migz" Zubiri today assured officials of the Philippine National Police (PNP) that the Senate is doing everything in its power to support the evolving needs of the police force.



In a speech before police officials attending the 44th Grand Alumni Homecoming of the Philippine National Police Academy (PNPA) in Silang, Cavite, Zubiri praised the police force in its contribution to advancing the welfare of the people, even saying that the Senate has benefitted from the wisdom of police officers who became senators: Robert Barbers, Ping Lacson, Fred Lim and currently, Sen. Bato dela Rosa.

"The fact of the matter is that as legislators and law enforcers, we have to work hand-in-hand. Whatever instruments we wield, whether it be guns or pens, our goal is the same: to protect and uplift our communities and the whole nation," said Zubiri.

"To this end, the Senate has endeavored to develop legislation in support of the evolving needs of the

police force," the Senate chief added.

Zubiri started quantifying this legislative support by mentioning the passage in 2021 of Republic Act No. 11549 or the "Height Equality Act" that reduced the height requirement for not only police recruits but also officers of firefighters and jail and corrections officers.

"We know that a good cop is not defined by their height - what counts is their courage, their commitment, and their integrity. And so this law opened the doors for many more Filipinos to enter the police force and dedicate themselves to the service of our people," the senator from Bukidnon said.

Zubiri added that just last month, the Senate passed on third and final reading

the PNP Organizational Reforms Act that aims to update the old structures

of the PNP and strengthen its leadership, organization and management.

"We will be institutionalizing offices such as the Directorial Staff and the Area Police Command across the country, to fortify their roles, and integrate them better into the police force," Zubiri said.

The Jail Integration Act, which will transfer provincial and sub-provincial jails from the supervision of LGUs to the supervision of the BJMP, was also passed on third and final reading last week in the Senate.

"Under the expert management of the BJMP, we hope to create a more efficient and standardized system of management for all Persons Deprived of Liberty, no matter where they are serving their time," Zubiri explained.

The bill, he continued, **► SP ZUBIRI • 4**



Congratulations, Cong. Jolo! Mainit nating binabati ang kinatawan ng unang distrito, Cong. Jolo Revilla, para sa pagkilala sa kanya ng RP-Mission and Development Foundation Inc. bilang "Outstanding Public Servant" para sa taong 2023. Maraming salamat sa pagtulong sa pagbibigay ng pamahalaang bayan ng may #PusoAtMalasakitParaSaAtingKawit na mga programa. Patuloy po kaming aasa inyong pakikiisa sa aming mga #RatedTripleA na programa! #MayorAguinaldo

SUNDAY TRIBUNE

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Nena's Diner: A newly-opened al-fresco dining spot to discover in Imus City



Imuseños and those living near the vicinity of Bucandala area or just about everyone looking for that cozy and quiet place to dine and chill, which offers great food and a unique mix of non-alcoholic beverages may want to try this newly-opened dining joint called Nena's Diner.

Located at No. 25, Margelo Street, Bayan Luma 5 of Imus City, before this 50-pax capacity garden cafe cum diner came to be, owners (who are siblings) Reysl Marie Geluz and Chef Martin Richmond Mateo first ventured into food delivery service, selling Chicken Galantina food trays.

"It is our family's treasured heirloom recipe which was passed on by our great grandmother - Regina or lola Nena, thus the (restaurant's) name," shares Geluz.

When the pandemic restrictions started to ease down, the sister-and-brother tandem decided to level-up their business. Thus, after rigid planning and preparations, Nena's Diner was opened to the public in January this year.

Offering a garden, cozy ambience, the place serves comfort foods specially prepared by Chef Mateo.

The place, though still in its soft opening phase, is fast gaining popularity among family and groups due to its variety of food offerings (from appetizers, rice meals, sizzling offerings, combo meals, burgers and wings; plus a variety of beverages like coffee, soda pop, fruit tea, frappe) which satisfy one's comfort food cravings, offered at very reasonable cost. **► NENA'S DINER • 4**

Celebrating Women in Science and Technology in Albay

A WOMAN in Albay is now the face of a 48-year-old company based in Legazpi City.

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870, University Homes, Washington Drive, Legazpi City

- adoptor of DOST-developed technology Tsunami Early Warning System (w/ ASTI)
- also availed PU Financing/Venture Financing of TAPI (Completed Phase 1 and og-going application for Phase 2)
- SAFEWTRIS: Emergency Disinfection System of Drinking Water (DOST-ITDI)
- DOST-SETUP assisted firm

Ms. Alzenda Maria Rellama-Jarque
Owner

Albay
Provincial Science and Technology Office-Albay
#AbanteAghamSaAlbay

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Syngkong Manzanban sa Kabisayaan #OnDOST4U

Ms. Alzenda Maria Rellama-Jarque has made great strides in the company despite facing challenges and difficulties. She is the managing director of Rockwell Enterprises.

Jarque recalled how their company, Rockwell Enterprises, started operating in 1976 as a sole proprietorship owned

by his father, Alex R. Rellama.

The business has evolved from refilling empty fire extinguisher cylinders to becoming the only licensed local manufacturer of portable fire extinguishers in Albay. With the nature of its business, the firm is undoubtedly advocating for fire safety and

volunteering for fire prevention initiatives in the community.

As a safety advocate, the products and services they offer cater to the different sectors and industries to promote workplace safety. The firm practices fair business ethics by complying with regulatory and statutory

► CELEBRATING • 4